

Useful borough emergency contacts

Pan London useful contacts

Samaritans 24hr helpline number: 116 123

Mental Health

Find a mental health emergency helpline near you:

<https://www.nhs.uk/service-search/mental-health/find-an-urgent-mental-health-helpline>

Emergency mental health support text 'SHOUT' to 85258

Mental Health Support Call the Crisis Team on 0800 151 0023

Food

Find a foodbank near you:

<https://www.trusselltrust.org/get-help/find-a-foodbank/>

<https://endchildfoodpoverty.org/help>

Support and local information

Find your local Mutual Aid group:

<https://covidmutualaid.org/local-groups/>

Find your local Volunteer Centre:

<https://www.ncvo.org.uk/ncvo-volunteering/find-a-volunteer-centre>

Homelessness

Streetlink:

https://www.streetlink.london/Streetlink_London_HomePage

England Shelter

https://england.shelter.org.uk/get_help

Useful borough emergency contacts

Crisis Skylight

<https://www.crisis.org.uk/get-help/london/>

London Borough Contacts

Urgent help and Covid Support

Barnet

<https://www.barnet.gov.uk/coronavirus-covid-19-latest-information-and-advice/urgent-help-and-support-covid-19>

Bexley

<https://www.bexley.gov.uk/coronavirus-covid-19>

Brent

<https://www.brent.gov.uk/needextrahelp>

Bromley

https://www.bromley.gov.uk/info/200039/emergencies/460/emergency_contacts

Camden

<https://www.candi.nhs.uk/contact-us/urgent-help>

Croydon

<https://new.croydon.gov.uk/coronavirus-information-and-service-updates/support-hardship-or-difficulties>

Ealing

https://www.ealing.gov.uk/info/201264/help_for_residents/2665/support_and_advice_for_residents_during_covid-19/1

Enfield

<http://www.beh-mht.nhs.uk/patients-and-carers/support-in-a-crisis.htm>

Greenwich

https://www.royalgreenwich.gov.uk/info/200329/coronavirus/2209/community_hub

Useful borough emergency contacts

Hackney

<https://hackney.gov.uk/coronavirus-support/#helpline>

Hammersmith & Fulham

<https://www.lbhf.gov.uk/coronavirus-covid-19>

Haringey

<https://www.haringey.gov.uk/covid>

Havering

<https://www.haveringcommunityhub.com/support/find/>

Hounslow

<https://www.hounslow.gov.uk/hub>

Islington

<https://www.islington.gov.uk/social-care-and-health/coronavirus-covid-19/need-help>

Kensington and Chelsea

<https://www.rbkc.gov.uk/coronavirus-covid-19/covid-19-hub-and-support-residents/covid-19-hub>

Lewisham

<https://lewisham.gov.uk/myserVICES/coronavirus-covid-19>

Merton

<https://www.mvsc.co.uk/CoronavirusSupport>

Newham

<https://www.newham.gov.uk/coronavirus-covid-19/covid-19-support-vulnerable-high-risk-people>

Redbridge

<https://www.redbridge.gov.uk/coronavirus-information-hub/coronavirus-support-resource-directory/>

Useful borough emergency contacts

Richmond

https://www.richmond.gov.uk/services/wellbeing_and_lifestyle/health_protection_information/coronavirus_information/where_can_i_find_help_or_support

Southwark

<https://www.southwark.gov.uk/health-and-wellbeing/coronavirus>

Tower Hamlets

https://www.towerhamlets.gov.uk/lgnl/health_social_care/health_and_medical_advice/Coronavirus/Contact_us_for_help/Contact_us_for_help.aspx

Waltham Forest

<https://www.walthamforest.gov.uk/service-categories/covid-19>

Wandsworth

<https://www.wandsworth.gov.uk/health-and-social-care/public-health/coronavirus/>

Westminster

<https://www.westminster.gov.uk/coronavirus>