

MAYOR OF LONDON

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LONDON CURRICULUM

# FAMILY EXPLORER TRAIL

THE CITY OF LONDON



#LondonIsOpen

## What is the London Curriculum?

The London Curriculum is a fun new way of teaching young people about the city using London as a classroom. Schools in London are already enjoying our free learning resources, now with these trails, parents and carers can also join in.

This trail is one of four we've designed for families this summer. We hope it will help you and your family find out more about this brilliant city, and have fun too!

## Safety on the way

We want you to have a relaxed enjoyable time together so here are a few important things to remember.

- Please take care when crossing roads and use pedestrian crossings whenever available.
- In hot weather, remember to cover up and drink plenty of water.
- Be alert and watch your personal belongings.

Estimated  
time  
(hours)



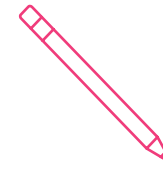
Walking  
distance  
(km)



## What you will need



copy of this trail



pencil



comfy shoes / weather-  
appropriate clothing



reusable  
bottle

## Comfort breaks

Why not enjoy a picnic on your trail? There are several benches dotted along the Thames Path on the north bank of the river and grassed areas and seating in the gardens around St. Paul's. On the south bank there's a large grassed area in front of Tate Modern and tiered seating in The Scoop, outside City Hall.

There are free community toilets at The Liberty Bounds (Weatherspoon pub) and The Banker (Fuller's pub) on the north bank, and at Tate Modern and City Hall on the south bank.

Fen likes to stop and look around him on his journeys. Sitting on one of the benches by the river from time to time is a great idea!

## Need the answers?

We hope you'll try and work out the answers to any questions in the trail yourselves but we all need a bit of help from time to time! You'll find the answers on the back of the trail.

Hello! I'm Bow the Bee. My hobbies are honey-making and experiencing the buzz in the City of London! Londoners have worked and traded here for hundreds of years. Join me as I whizz from place to place to explore. Find out how the City has developed and changed over time. It's going to be a lot of fun, are you ready?



## About this Family Explorer Trail

We suggest starting and finishing your trail outside the Cornhill Exchange at Bank Station. There are eight activity locations to visit on a linear route. The walking route is about 3km (just under two miles) and should take two to three hours to complete, but there is no time limit!

We've pointed out a few places for picnics near to the route, and there are plenty of public toilets around in the stations and other places. There's a map at the back to guide you.

Bow likes to sit and rest from time to time. Taking stops to watch the world go by is a great idea!



Find out more at:  
[london.gov.uk/  
familytrails](https://www.london.gov.uk/familytrails)

Do as many or as few of the activities as you wish. We hope you will like them all. Please tell us afterwards which activities you enjoyed most, email us at [curriculum@london.gov.uk](mailto:curriculum@london.gov.uk).

## #LondonIsOpen

'London is full of culture, science and stories. Our London Curriculum trails are a great way for families to discover their city together. I hope they encourage Londoners of all ages to explore our unique open spaces. There's no place on earth like it.'

- **Sadiq Khan, Mayor of London**

### Safety on the way

We want you to have a relaxed, enjoyable time doing this trail together, so here are a few important things to remember.  
A suggested trail route is shown on the map.

Please use pedestrian crossings wherever available.  
Where they are not, take extra care when crossing roads.

In hot weather, remember to cover up and drink plenty of water.

Be alert and watch your personal belongings.

1

# Bank

The City of London has both very old and very modern trades. About 700 years ago tradesmen started to join together in organisations called 'livery companies'. Today there are 110 of them! The Great Twelve City Livery Companies were the first and are still the most important.

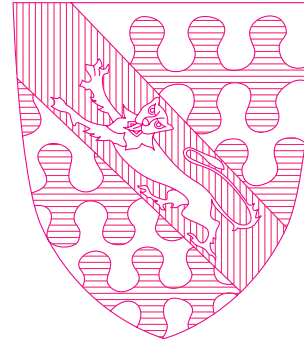


My favourite livery company is the Worshipful Company of Wax Chandlers. Can you guess what they used to make?

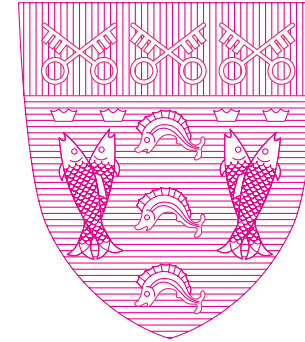
## What's a livery?

The word *livery* refers to the special costumes people wore to show they belonged to a certain trade.

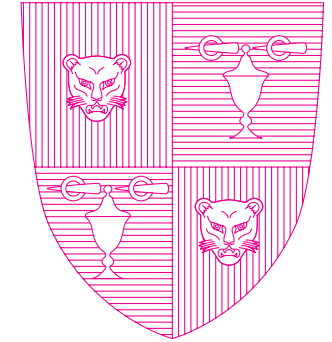
There are twelve lampposts around this pavement. Each one represents a different 'Great Twelve' livery company. There is a brass shield on each post. Can you find the three shields in the picture? Fill in the missing letters to say which company each one belongs to.



HA ER AS ERS



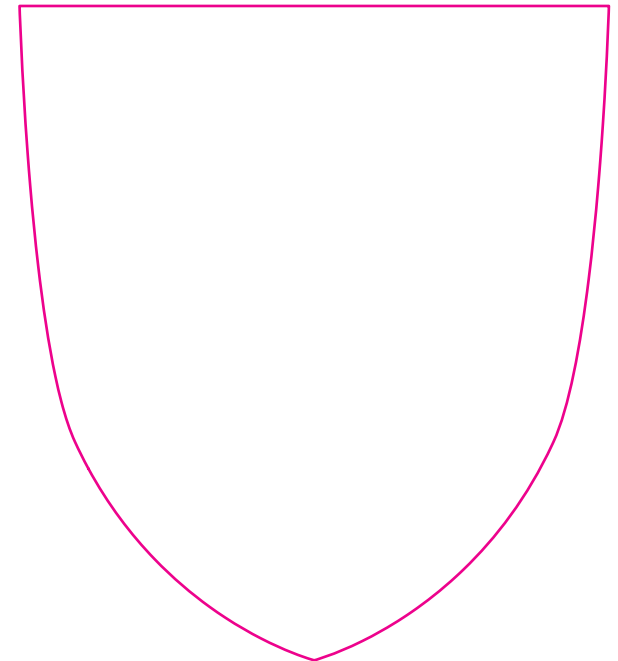
IS MO GERS



GO DS IT S

One of the modern livery companies is the Honourable Company of Air Pilots. If they had a shield on a lamppost here, what do you think it would show? Design a shield for them.

Do you see the Bank of England across the road? It's known as the 'Old Lady of Threadneedle Street'. Why do you think that is?



# The Gherkin

30 St Mary Axe is often called 'The Gherkin', can you see why? Some other tall buildings in the City have funny nicknames too. Keep an eye open for the 'Cheesegrater' and the 'Walkie Talkie'!

Look up into the sky to see London's changing skyline!



What shapes of glass make up the Gherkin? You can tick more than one.

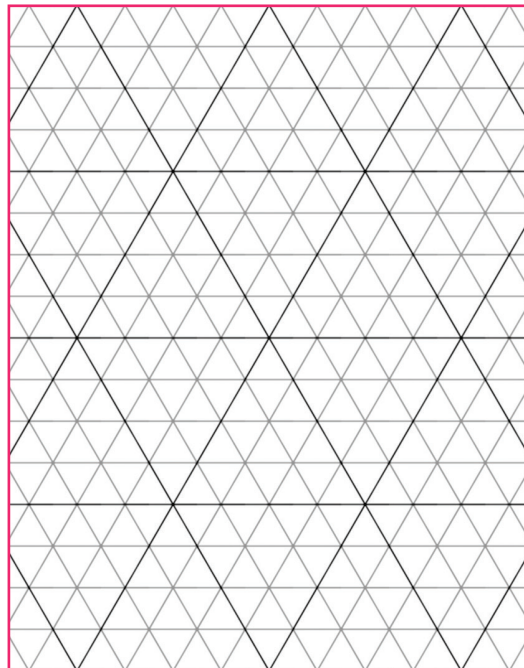
rhombus

triangle

square

hexagon

Shade in some of the shapes in this pattern to make the outline of a new funny building for London's skyline and give it a name.



This building is called:

## Roman London

In Roman times there was a Forum in this part of London. The Forum was a meeting place and market place. It covered an area the size of two rugby fields'. It's been an important place for business for almost two thousand years!

Look at the writing on the modern benches around The Gherkin. Go down the ramp to Bury Street, find this symbol on the ground, and stand on it.



Who is buried here? Why is the inscription written in both English and Latin?

Here's a puzzle for you to solve. On each line of Latin text from 1 to 4, count the number of letters across written in brackets. What word does it spell?

4 (3)	4 (1)	2 (6)	1 (6)	2 (11)	3 (8)

Do you know what the Romans called London?



For example:  
1 (8) is 'B'.



3

# Lloyds of London

Look at this large building, the Lloyds Building. Touch it. What is it made of?

IPPSE

It is sometimes called the 'Inside-Out Building'. Can you think why?

STILF

Here are some parts of the building you can see, but with their letters jumbled up. Can you work out what they are? ➡

TARISS

Watch the people leaving and entering the building. What kind of work do you think they do there? Would you like to work in a building like this?

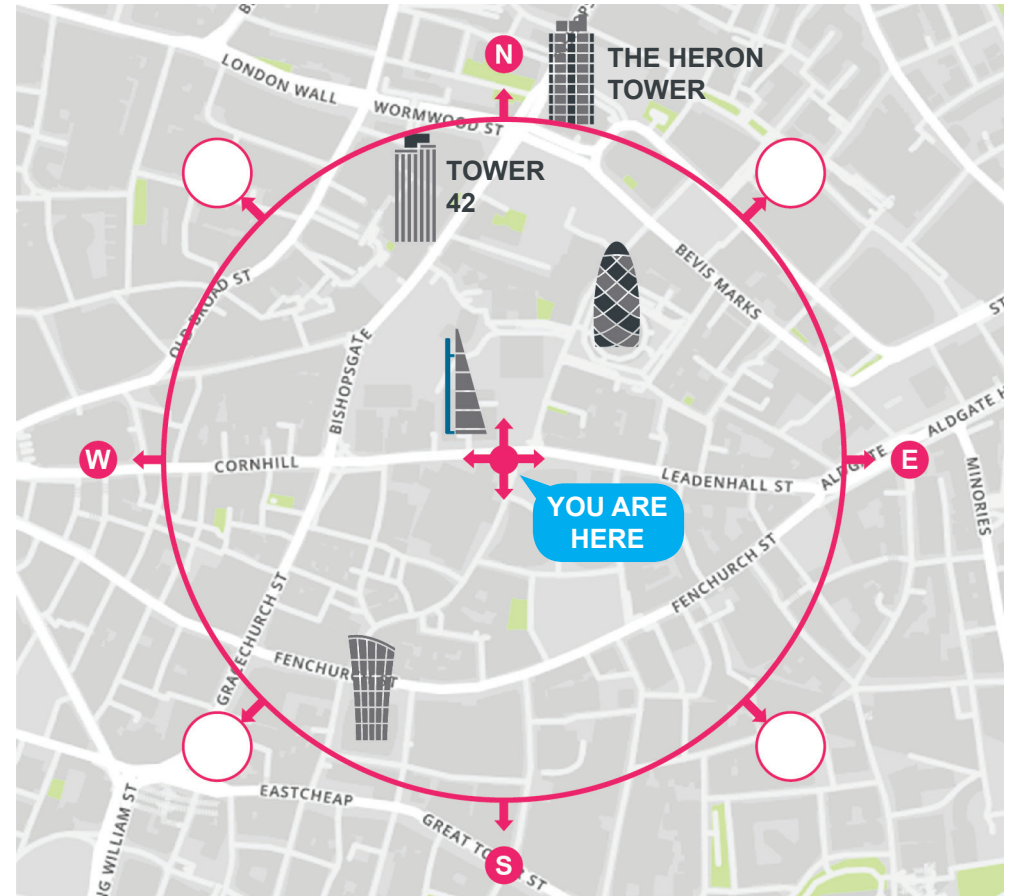
Find the round stone compass on the corner of Lime Street and Leadenhall. Look at the map we've drawn. Using the compass stone, turn and point in the direction each building is found from where you are now. Can you actually see them from here?

Which building is North-East of here? .....

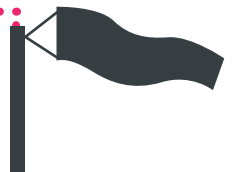
In which direction is the Walkie Talkie? .....

Turn to look south. Can you see The Shard? .....

Complete the compass on the map by adding in NE, NW, SE and SW. On the map, label The Gherkin, the Cheesegrater and the Walkie Talkie.



Is it windy today? Try this. Lick a finger and stick it in the air. Can you feel a breeze? Can you work out which direction it is coming from?



We bees don't need maps or compasses. How do you think Roman trading ships sailed to London without compasses?

## 4 Leadenhall Market

### An ancient market

Leadenhall has been home to a market for at least 700 years. That's since before Dick Whittington was Lord Mayor of London. It even survived the Great Fire of London of 1666!

Leadenhall market used to sell meat, poultry and other foods. Later it added stalls for wool, leather and cutlery.

What do shops sell here today? Find the shop numbers above the doors. Use the chart to help you colour in an apple if the shop shown sells any kind of food. Colour in a spoon if it sells something else.

Are there more food or non-food shops?

A scene from Harry Potter and the Philosopher's Stone was filmed here. Harry goes into the Leaky Cauldron through the door next to number 42. Can you find it?



Do you know the story of Dick Whittington? It's a fairy-tale based on a real person from London's past.



38		
37		
34		
33		
31		
8		
6		
4		
2		
Shop No.	Food	Non food

## 5 St Michael's Alley

These alleyways show just how narrow all the streets in London were before the Great Fire.

Can you imagine what it would have been like to live and work here then?

There used to be such a buzz in these streets. People came to visit the coffee houses. The very first in London was right here in St Michael's Alley, over 300 years before Starbucks!



### i-Spy in the lanes

Wander round. Can you find the things in these photographs? Tick the ones you spot.

**Hint!** You will need to explore Corbet Court, St Michael's Alley and Bengal Court.



6

# Royal Exchange Buildings

Look up! Which golden creature do you see on top of the Royal Exchange Buildings? It's the symbol for the Gresham family. Thomas Gresham was a successful businessman in Tudor times. He built the first Royal Exchange here way back then.

## Why a grasshopper?

It's said that the founder of the family, Roger de Gresham, was abandoned as a new-born baby in long grass. He was found by a woman who was led to him by a noisy grasshopper.

What animal would you choose as your family symbol?



Can you find this? What is it? Read the information on it.

## Water, water, everywhere...

In Roman times the Walbrook River flowed through the City, probably right under where the Bank of England is today. Later, Londoners used pumps to bring water up from underground.

## How does a pump work?

A simple hand pump works by 'suction'. As the handle goes up and down it removes air from a tube so that water flows upwards to replace it, just like sucking on a straw.

Use the following words to label the diagram.

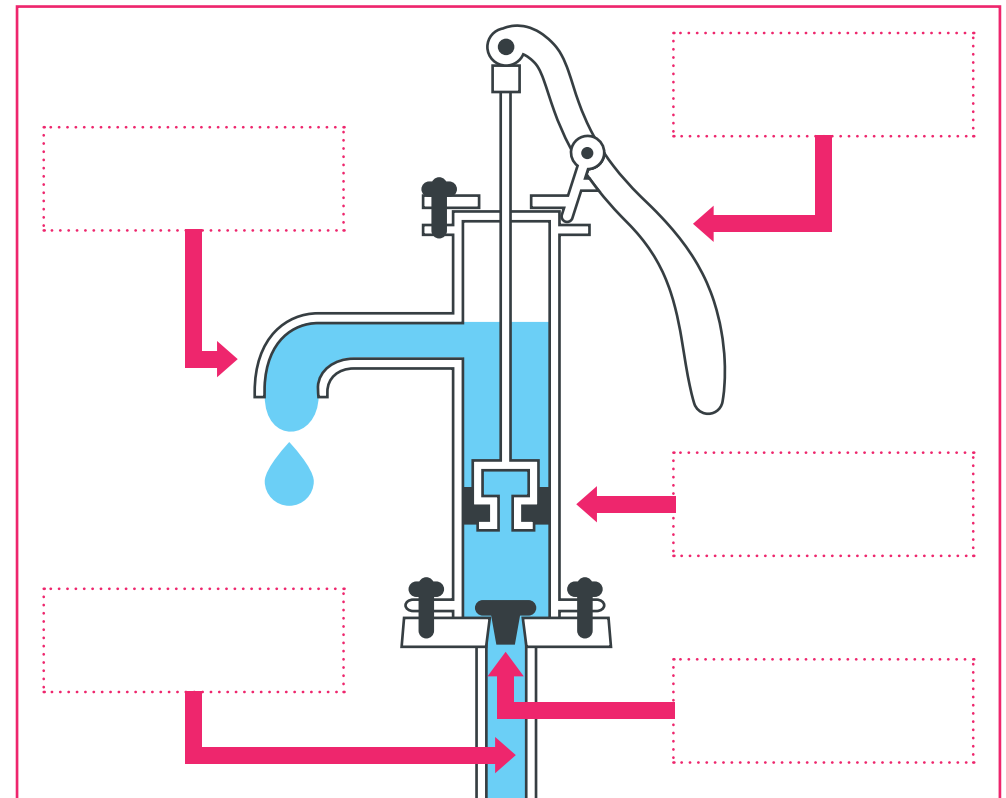
handle

spout

piston

suction pipe

valve





7

## St Mary-le-Bow

St Mary-le-Bow houses the famous 'Bow Bells'. People say if you are born within the sound of Bow Bells then you are a Cockney.

Have you heard of London's Cockney Rhyming Slang? It is a way of speaking in rhyme and is based on the language of the market traders who worked in this area.

Here are some well-known Cockney phrases and their meanings:

**Apples and pears = STAIRS**

**Plates of meat (or just 'plates') = FEET**

**Butcher's hook (or just 'butcher's') = LOOK**

What do you think a Cockney means if she says 'I'm looking for me old china plate'?

a) I am looking for an old bowl

b) I am looking for my mate (friend)

c) I am looking for the gate

My favourite piece of rhyming slang is 'bread and honey'. Can you guess what it means?



You can hear the 'Great Bell at Bow' chime every quarter of an hour.

8

## The Guildhall

Look around the Guildhall Yard at the different types of architecture from different ages.

Study this picture of the façade (front) of the Guildhall. Compare it to the real thing. Can you spot six things that are not right? Put a ring around them when you find them.

**A great survivor**

The Great Hall of the Guildhall Building in front of you is 600 years old. It survived the Great Fire and World War II bombings!



# The Guildhall (continued)

Look at the paving stones in the yard. Do you like the pattern?  
Go to the black line that runs in a ring around the yard. Can you follow it from one end to the other?



Top tip! Hunt in the middle of the yard and you will find another stone telling you what the black line means and what material it is made from.

Visit the statues of the famous Londoners outside the entrance to the Guildhall Art Gallery. There's a list of their first names below but the surnames are missing. Bow has given you a tiny clue for each one. Can you match them up and write the names in the spaces?



A) Christopher



B) Richard



C) Oliver



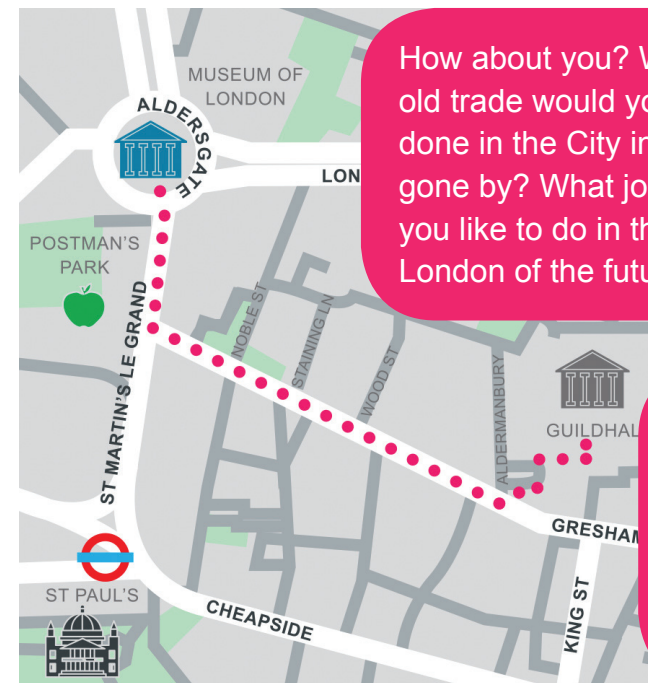
D) Samuel



E) William

Here are some facts about these famous people. Do you know which is which? Write the fact number into the circle next to the famous person it relates to.

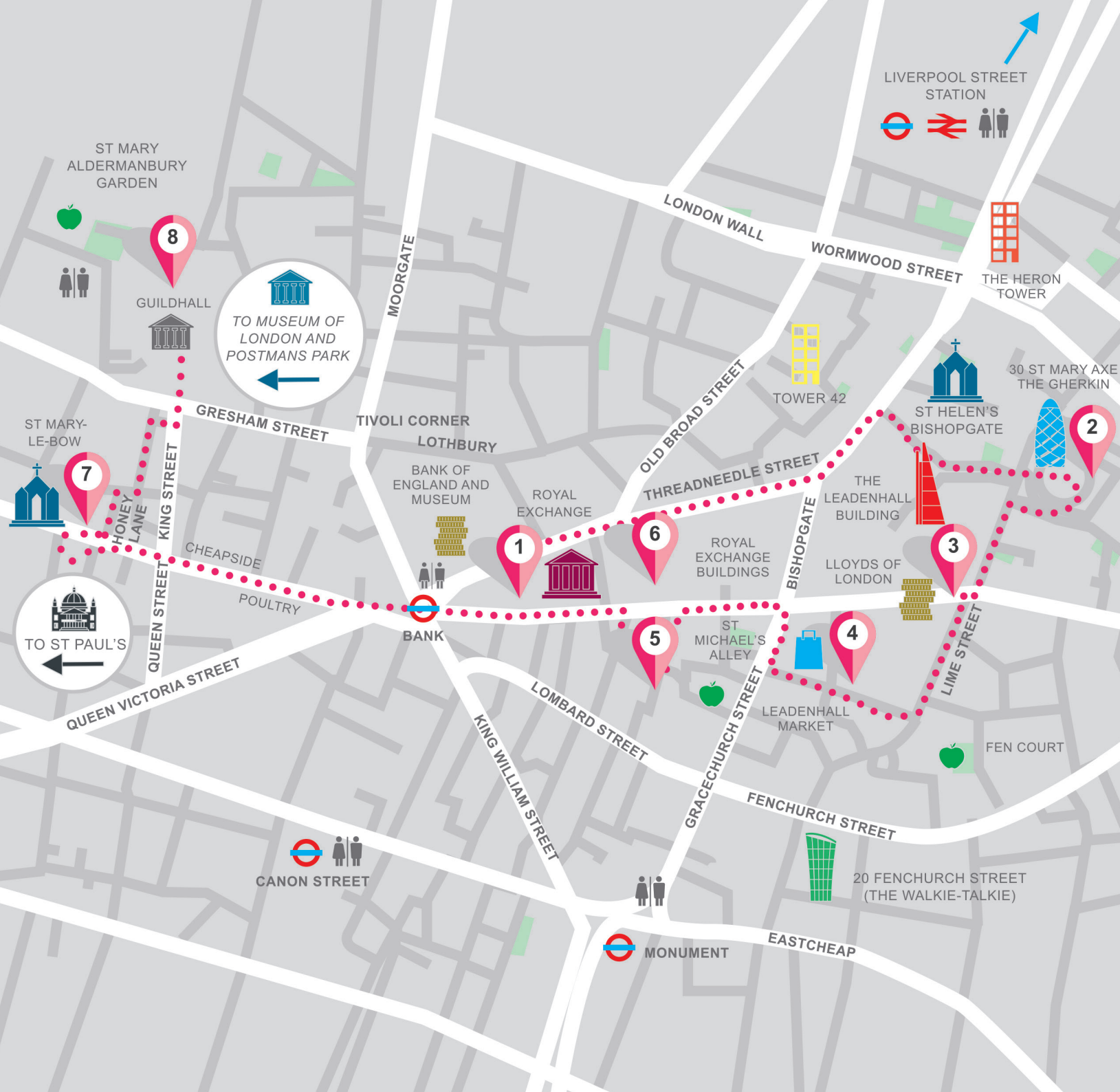
- 1 He kept a famous diary.
- 2 He was a scientist and architect who designed St Paul's Cathedral.
- 3 He was Lord Mayor of London four times.
- 4 He was a famous playwright, poet and actor.
- 5 He led an army nicknamed the 'Roundheads'.



How about you? What old trade would you have done in the City in days gone by? What job would you like to do in the London of the future?

You can collect a sticker for this activity from the Museum of London! It's not far from here, follow the little map on the left!





### TRAIL KEY

- Trail route
- Picnic Spot
- Public Toilets
- 1 Royal Exchange
- 2 30 St Mary Axe The Gherkin
- 3 Lloyds of London
- 4 Leadenhall Market
- 5 St Michael's Alley
- 6 Royal Exchange Buildings
- 7 St Mary-le-Bow
- 8 Guildhall

### BANK

Bus routes to this area include: 8, 11, 21, 23, 25, 26, 43, 76, 133, 141, 242, 521

# The City of London

## Collect the stickers!

When you have completed this trail bring it along to the cafe on the Lower Ground Floor at **City Hall** to collect your Bow the Bee sticker.

Why not complete one of our other trails and collect the stickers for those too? All stickers can be collected from the cafe on the Lower Ground Floor at **City Hall**.



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## Tell us what you think

We'd love your feedback to help us plan more family trails in the future. Please take our short survey at:

**[london.gov.uk/familytrails](https://london.gov.uk/familytrails)**

## What's on

### Bank of England Museum

There are plenty of attractions to make sure you have a fun family day out in the Bank of England Museum, including a banknote jigsaw, a roller ball game and the opportunity to take part in some safe cracking. Activity sheets are also available for children of all ages, with a small prize for everyone who takes part. Find out more at **[bankofengland.co.uk/museum](https://bankofengland.co.uk/museum)**

### Barbican

Pick up a free trail kit from the Information Desk on Level G and find out all about the venue on a self-guided adventure for families (until 31 December). Find out more at **[barbican.org.uk/education](https://barbican.org.uk/education)**

### Museum of London Docklands

Explore the alleyways of Victorian Wapping in Sailortown and get hands-on in our Mudlarks children's gallery. For more information about our programme of family activities go to **[museumoflondon.org.uk/families](https://museumoflondon.org.uk/families)**

### The Salter's Company

Free school and family sessions are run at Salters' Hall on history, science and architecture. Find out more at **[salters.co.uk/the-salters-company/public-programmes/](https://salters.co.uk/the-salters-company/public-programmes/)**

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## Answers

1) Old Lady of Threadneedle Street comes from an iconic cartoon from 1797 showing the bank as an old lady. 2) Roman London was called 'Londinium'. / Original inscription would have been in Latin, the language of the Romans. The English version is there to help us understand it. / Change 3) Pipes, lifts, stairs / Romans used local knowledge, landmarks and stars to navigate 7) Bread and honey = money / B 8) 1d 2a 3b 4e 5c