

From: Helen Asquith <asquithhelen@gmail.com>
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To: Your Views
Subject: A City for All Londoners: Health or A City for All Londoners: Healthy Streets

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Dear Mayor,

I am very pleased to see that transport is one of the most significant and effective ways that you can improve the health of all Londoners.

It is great to see a strong focus on making it easier and more attractive for people to walk and cycle, particularly by reducing the dominance of traffic.

Active travel is the main way that Londoners get their exercise and many more Londoners need to walk and cycle more to benefit their health.

I strongly support the Healthy Streets approach taken in the report, which will improve everyone's health, reduce inequalities and make London a more liveable city.

Many thanks

Dr Helen Asquith
Public Health Registrar

North London Training Scheme

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