

The Mayor of London's Nursery Air Quality Audit Programme

Alice Model Nursery School, London Borough of Tower Hamlets



CONTENTS

	NON-TECHNICAL EXECUTIVE SUMMARY	1
1.	INTRODUCTION	9
1.1.	BACKGROUND	9
1.2.	OBJECTIVES	11
2.	AUDIT APPROACH	15
2.1.	OVERALL AUDIT APPROACH	15
2.2.	AUDIT SCHEDULE – ALICE MODEL NURSERY SCHOOL	17
3.	CONTEXT AND INITIATIVES	21
3.1.	NURSERY CONTEXT	21
3.2.	PLANNED SCHEMES & RECENT INITIATIVES	25
4.	AIR QUALITY AUDIT FINDINGS	31
4.1.	BASELINE AIR QUALITY	31
4.2.	HIGHWAYS – KEY OBSERVATIONS	42
4.3.	NURSERY GROUNDS / BUILDING - KEY OBSERVATIONS	46
4.4.	KEY OBSERVATIONS – SUMMARY OF ISSUES	48
5.	RECOMMENDATIONS	51
5.1.	DEVELOPING THE RECOMMENDATIONS	51
5.2.	KEY RECOMMENDATIONS	60
5.3.	PRIORITISED MEASURES FOR THE NURSERY	61
5.4.	STARS ACCREDITATION SCHEME FOR NURSERIES	61
5.5.	HEALTHY SCHOOLS LONDON	62
5.6.	AIR QUALITY ALERTS	62
5.7.	ENGAGEMENT	63
5.8.	FUNDING OPPORTUNITIES	64

5.9.	MONITORING	67
6.	NEXT STEPS	70

TABLES

Table 1 – Audit Details	17
Table 2 – Alice Model Nursery School: Three Month Baseline NO ₂ Monitoring Results (µg/m ³)	32
Table 3 – Alice Model Nursery School: Three Month Baseline Formaldehyde and VOC Monitoring Results (µg/m ³)	33
Table 4 – Recommended measures for consideration	53

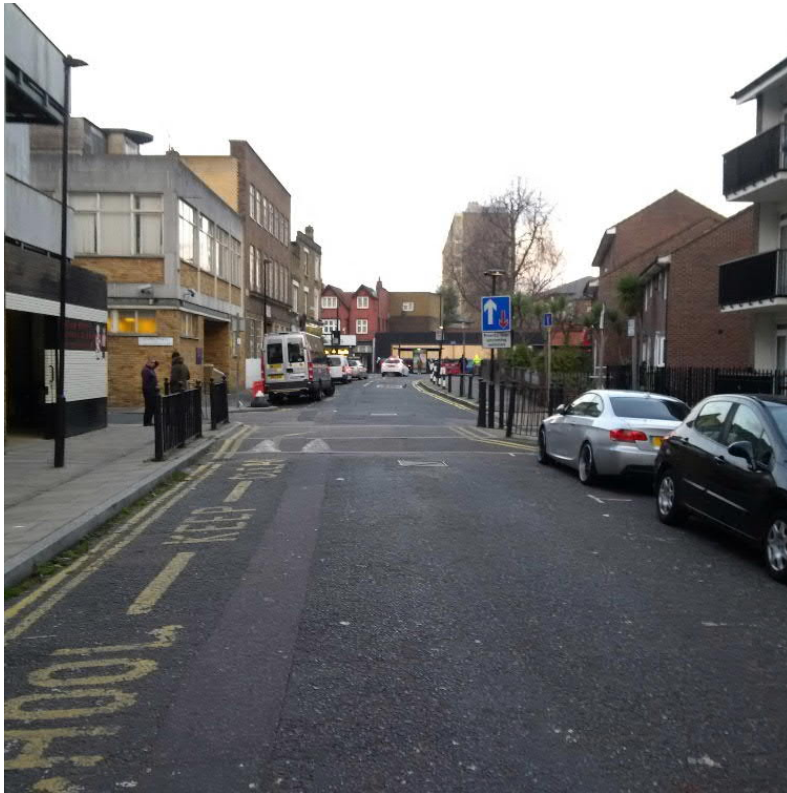
FIGURES

Figure 1 – Overview of Approach	15
Figure 2 - Nursery Context	21
Figure 3 – Outer Context Plan	23
Figure 4 – Inner Context Plans	24
Figure 5 - Comparison of the average NO ₂ concentrations at Alice Model Nursery School (µg/m ³)	32
Figure 6 - LAEI Baseline Annual Mean NO ₂ Concentrations within the Immediate Area of Alice Model Nursery School	35
Figure 7 – Average Road Transport – by Vehicle Type (within 200m of nursery)	36
Figure 8 – Average Road Transport NO _x Emissions by Vehicle Type (within 200m of nursery)	36
Figure 9 – Average Road Transport PM ₁₀ Emissions by Vehicle Type (within 200m of nursery)	37
Figure 10 – Average Road Transport PM _{2.5} Emissions by Vehicle Type (within 200m of nursery)	37
Figure 11 – 2013 LAEI Baseline Annual Mean NO ₂ Concentrations within 2km of Alice Model Nursery School	39

Figure 12 - 2013 LAEI Baseline Annual Mean PM ₁₀ Concentrations within 2km of Alice Model Nursery School	40
Figure 13 - 2013 LAEI Baseline Annual Mean PM _{2.5} Concentrations within 2km of Alice Model Nursery School	41
Figure 14 - Summary of Potential Issues Map	48
Figure 15 – Summary Recommendations Map	60
Figure 16 – Summary of Funding Opportunities	64

THE MAYOR'S NURSERY AIR QUALITY AUDIT PROGRAMME

Alice Model Nursery School – London Borough of Tower Hamlets



ACKNOWLEDGEMENTS & CONTRIBUTIONS

Alice Model Nursery School – Lynn Cottle (Headteacher),
London Borough of Tower Hamlets – Nicholas Marks (Air Quality Officer)

MEMBERS OF THE PROGRAMME ADVISORY GROUP

Annette Figueiredo - Programme Lead, Principal Policy & Programme Officer, Greater London Authority
Agnieszka Griffin - Senior Policy Officer, Greater London Authority
Sarah Macfadyen – Policy Manager, British Lung Foundation
Ben Connor - Senior Policy & Programmes Officer, Greater London Authority
Sara Ramsay - Youth Programmes, Greater London Authority
Ben Gascoyne - Senior External Affairs Officer, University College London
Liz Prosser - Healthy Early Years Manager - Healthy Schools London, Greater London Authority
Magda Balicka - Principal Policy and Projects Officer (Early Years), Greater London Authority
Dr Simon Lenton - Royal College of Paediatrics and Child Health
Paula Martin - Air Quality Analyst, Transport for London
Fiona Coull – Graduate Consultant, Greater London Authority
Olly Offord, Project & Policy Officer, Communities & Intelligence, GLA.
Naveed Ahmed - Principal City Planner, Transport Strategy & Planning, Transport for London

DISCLAIMER

The contents of this report and its recommendations are principally based on the findings of the independent audit as of the date it was undertaken, and may not account for subsequent changes in local policy, conditions and/or circumstances in and/or around the nursery.

Supplier



Glenn Higgs, Technical Director, Project Director, WSP

Matt Croucher, Sustainable Transport, Project Manager, WSP

Martin Battle, Auditor, WSP

Justin Lingard and Peter Walsh, Air Quality, WSP

Alessandro Ciampechini and Andrew Marsh-Patrick, Sustainable Places & Energy, WSP

COPYRIGHT

**Greater London Authority
February 2020**

Published by
Greater London Authority
City Hall
The Queen's Walk
More London
London SE1 2AA
www.london.gov.uk
enquiries 020 7983 4000
minicom 020 7983 4458
ISBN
Photographs ©

Copies of this report are available
from www.london.gov.uk

NON-TECHNICAL EXECUTIVE SUMMARY

Long-term exposure to poor air quality contributes to thousands of premature deaths in London. The Mayor wants London to have the best air quality of any major world city by 2050. Young children are amongst the most vulnerable to air pollution's effects. Toxic air can stunt their growth, causing significant health problems in later life.

In May 2018, the Mayor launched a programme of air quality audits to help clean up toxic air and protect the health of young children in 20 nurseries in some of London's most polluted areas.

The **Air Quality Audit** followed a structured approach, with desktop research and air quality modelling, followed by fieldwork and air quality monitoring. Recommendations were then developed based on the consultations with nursery staff and borough officers.

The audit has assessed both outdoor and indoor air pollution levels.

Outdoor pollutants are generated by industrial processes and traffic emissions, and can migrate indoors through windows, doors and other means of ventilation.

Indoor air pollution arises from a mixture of pollutants generated inside a building including building materials and furnishings, and through activities such as cooking, heating, smoking and use of paints, varnishes, cleaning products and air fresheners.

Indoor air pollution is still a relatively new area of study, and our understanding is still evolving as further evidence is collected on the complex interactions taking place, and the extent to which they affect our health.

Audit Findings

Nitrogen oxides (NO_x) - Short-term exposure to concentrations of NO₂ can cause inflammation of the airways, increasing susceptibility to respiratory infections and to allergens.

The results of the three-month baseline monitoring showed that NO₂ concentrations were highest at the **roadside** (49µg/m³), with local road traffic emissions contributing significantly to roadside concentrations.

This monitoring provides a snap-shot of concentrations in and around the nursery across the winter and spring months. In each month, the measured NO₂ concentrations exceeded the annual mean NO₂ national Air Quality Objective (AQO) of 40µg/m³.



NO₂ concentrations fall to 39µg/m³ in the **playground**, which is partially screened from traffic by fencing and some trees and shrubs. Concentrations at the **nursery entrance** are of a similar level (37µg/m³) to the playground.

Inside the nursery, concentrations fall to 29.30µg/m³ at the nursery entrance and 19.12µg/m³ in the classroom.

Volatile Organic Compounds (VOCs) are emitted from vapours arising from petrol and solvents. In a nursery setting are likely to originate from a wide variety of products, including furnishing, carpets, upholstery, cleaning products and air fresheners. In the UK, building regulations recommend total Volatile Organic Compounds (TVOCs) concentrations should be below 300 µg/m³. In the nursery they were found to be 136.2 µg/m³. The majority of VOCs identified were likely to be from the fragrances, perfumes and alcohols in, cleaning materials and solvents.

Formaldehyde are emitted from vapours arising from solvents and adhesives. In a nursery setting these are likely to originate from glues, adhesives and finishing's. Exposure can cause burning sensations of the eyes, nose, and throat, coughing, wheezing, nausea and skin irritation. The World Health Organisation (WHO) indoor air quality guideline for short and long-term exposures to formaldehyde is 100 µg/m³. In Alice Model they were found to be 25.33 µg/m³.

Overall the monitoring found that indoor air quality at the nursery met legal standards, however there are no entirely safe levels of exposure to harmful pollutants, and the children would still benefit from further reductions.

The wider area around the nursery was assessed using the London Atmospheric Emissions Inventory (LAEI), which showed that pollution levels reducing with distance, away from the heavily trafficked Mile End Road. NO₂ **concentrations are predicted to be highest along the northern boundary of the nursery**, which is closest to the main road.

Particulate Matter (PM₁₀ and PM_{2.5})¹ is derived from a wide range of sources, including industrial processes, road traffic, dust and brake and tyre wear. The fine component of PM₁₀, known as PM_{2.5}, is formed by combustion and is believed to be the main cause of the harmful effects of particulate matter.

Nearly 50% of NO_x emissions in London are from road transport. Larger diesel vehicles in particular are major contributors to local air pollution. Approximately **10,300 vehicles per day travel** within 200m of the nursery. Buses make up only 5% of these vehicle movements, but contribute 39% of the transport related NO_x emissions locally. Similarly, HGVs only account for 5% of the total traffic but contribute 22% of emissions.

¹ PM₁₀ is particulate matter with an aerodynamic diameter of less than 10 micrometres (10µm). PM_{2.5} is particulate matter with an aerodynamic diameter of less than 2.5 micrometres (2.5µm).

Key observations – summary of potential issues

- Heavily trafficked roads nearby with large numbers of cars and vans.
- Mile End Road, White Horse Lane and Globe Road are a barrier to walking to the nursery.
- Vehicles waiting and idling on school zig zag marking, contributing to emissions close to the nursery.
- Loading operation of the cash-and-carry business taking place on street, which can be a safety concern.
- Construction site close to the nursery, with associated construction activity and heavy goods vehicle movements.
- The building is reliant on natural ventilation, with windows are on aspect of the building that fronts Louisa Road and Beaumont Grove, therefore emissions from these roads can enter the nursery.
- The boiler flues are poorly situated where they emit at low level into the courtyard garden where children have free and open access.
- There are no 'butchers curtains on the doors the outside so a lot of heat is lost to the garden resulting in the boilers burning more gas and producing more emissions.

Audit Recommendations

The Mayor is implementing a significant programme of London-wide measures to improve air quality, including the introduction of the Ultra-low Emission Zone, tougher emission standards for the London wide Low Emission Zone, and the introduction of low emission buses, which will contribute significantly to addressing some of the issues identified.

Based on the preceding desktop research, site audits and stakeholder feedback, a range of **recommended measures and initiatives** have been identified. See Table 4 for full list of measures. Some of the more key measures were considered to be:

- **School Street/Filtered Permeability/One-way** - the introduction of a School Street, or for lesser impact filtered permeability or one-way traffic control could have a beneficial result in reducing overall traffic near the nursery. This would lower exposure to emissions and improve walking and cycling conditions. Road safety, which has been a concern with parents and seen as a barrier and resulting in children being driven to the nursery.
- **Mile End Road, Globe Road and White Horse Road junction** - The two side arms of this signalised junction on Mile End Road do not benefit with green man control. Crossing this road with young children or with a push chair parents would feel particular vulnerable and unsafe.
- **Gas Boiler Flues** - The positioning of the gas boiler flues in the playground at just over head height does not allow dispersal especially as the building screens them on two sides.
- **Free Flow PVC Curtains** - The installation of butchers' curtains at the doors to the playground that are left open throughout the day will aid heat retention and reduce the amount the gas boilers are running to compensate for the heat loss.
- **Footway widening and Greening** - While the playground and boundary have lots planting the front of the nursery and Beaumont Grove is barren and devoid of plants or trees. Widening the build out and the school keep clear markings by road space reallocation would allow space for pocket parks and planting.

Next Steps

In working with the nursery and air quality and transport borough officers to complete the air quality audit, we found there to be a passionate group of individuals, who were enthusiastic about improving local air quality for the children, and the wider community as a whole.

The **borough and nursery should investigate the scope for rapidly delivering key measures** from the recommendations.



To take forward the recommendations, the nursery and borough council will need to continue to work closely, building on the relationships already in place. A wide range of **potential funding** sources are identified within the report (See Appendix F), and borough councils and nurseries are encouraged to apply for these where appropriate to maximise the potential for delivering the recommendations.

To take forward the recommendations, the nursery and borough will need to continue to work closely, building on the relationships already in place. A wide range of **potential funding** sources are identified within the report (See Appendix F), and boroughs and nurseries are encouraged to apply for these where appropriate to maximise the potential for delivering the recommendations.

Each nursery will be given a starter grant of £4,500 by the GLA to help kick-start the implementation of recommendations. The GLA will liaise with the nurseries and boroughs to agree which recommendations the grant will be used for.

Summary of Nursery related recommendations

The full range of recommendations primarily applicable to the nursery, as opposed to highways measures to be delivered by the borough council or TfL, are as follows. See Table 4 for further details on these measures.

Nursery Grounds

Ensure neighbours gas boiler flues meet building regulations
--

Nursery Building

Boiler flues
Butchers curtains
Monitor London Air website / app
Switch to lower VOC cleaning products

Behavioural Measures

Promote cleaner routes to school
Engagement Activities
Behaviour change
Attain a Silver Award in Stars
Staff Engagement
Prepare 'Welcome Packs' for new pupils / parents
Promoting Park & Stride
Promoting car sharing
Anti-idling campaign
Walking Buses

1. INTRODUCTION

1.1. BACKGROUND

- 1.1.1. Long-term exposure to poor air quality contributes to thousands of premature deaths in London. There is strong scientific evidence of the acute health effects of short-term exposure to very high pollution levels experienced during air pollution episodes.
- 1.1.2. Tackling air pollution is one of the Mayor of London's top priorities and is covered in detail in the Mayor's manifesto. The mayor recognises that co-ordinated action is required to reduce exposure, especially amongst the most vulnerable such as young children, whose lungs are still developing.
- 1.1.3. The London Environment Strategy, published in May 2018, seeks to reduce the number of Londoners whose lives are blighted by poor air quality. The Mayor wants London to have the best air quality of any major world city by 2050, going beyond the legal requirements to protect human health and minimise inequalities. This include commitments to act to improve air quality in and around schools and nurseries and provide enhanced information to Londoners.

Why Nurseries?

- 1.1.4. The Mayor is particularly concerned about the impacts of poor air quality on vulnerable groups such as children, the elderly and those with pre-existing health conditions such as asthma and cardiovascular diseases. Young children are amongst the most vulnerable of the at-risk groups, as their lungs are still developing, and toxic air can stunt their growth, causing significant health problems in later life. The World Health Organization (WHO) also recognises younger children as being a vulnerable group to air pollution, making nurseries a key consideration in improving air quality.
- 1.1.5. A study led by Kings College in East London found that primary school children had on average 5% lower lung capacity than those growing up in rural areas. A UNICEF report published in December 2017 highlights the impact of air pollution on the critical growth that occurs in the brain in the first 1,000 days of life, making children exposed to pollution more vulnerable to developmental problems. UNICEF estimate that 17 million children globally are breathing air so toxic it is affecting their brain development. Air pollution exacerbates asthma, which affects 1 in every 11 children in England.

The Mayor's Nurseries Air Quality Audits

- 1.1.6. In May 2018, the Mayor launched a programme of air quality audits to help clean up toxic air and protect the health of young children in 20 nurseries in some of London's most polluted areas. The nurseries were selected based on assessments of predicted annual mean nitrogen dioxide (NO₂) and particulate matter (PM₁₀ and PM_{2.5}) levels near the nursery, and in agreement with the respective local authority.
- 1.1.7. The aim is to establish a robust process and toolkit of measures, which the London boroughs and nursery schools can roll out, so that every nursery that is located in an area of high pollution can benefit from this approach.
- 1.1.8. This programme builds on the approach founded in the Mayor's School Air Quality Audit Programme completed in March 2018, and the audit reports the Mayor recently commissioned on indoor air quality in London's primary schools, which included the Toolkit of Measures to Improve Air Quality at

Schools.² The programme is led and funded by the Greater London Authority (GLA) and the audits were conducted by global engineering consultancy WSP, who have visited each of the nurseries, assessing indoor and outdoor air pollution sources, and how children travel to the nurseries.

- 1.1.9. Road transport is a major contributor to emissions, and has a significant impact on air quality, accounting for around half of NO_x emissions. Whilst private car use is decreasing, congestion is increasing³. Without significant intervention, as the Capital grows rapidly these trends are set to continue.



- 1.1.10. In response the Mayor is implementing a significant programme of measures, including bold proposals to reduce London's deadly air pollution and protect the health and wellbeing of all Londoners, including:

- **The Ultra Low Emission Zone (ULEZ)** launched in central London on 8 April 2019. It replaced the T-Charge (Toxicity Charge) and means that vehicles that do not meet the strict ULEZ emissions standards are charged to drive in the zone, 24 hours a day, every day of the year. It is expected that the ULEZ will reduce road transport emissions of nitrogen oxides (NO_x) by around 45 per cent in the central London zone.
- **Expanding the ULEZ and tightening the Low Emission Zone (LEZ).** The ULEZ will expand to inner London, up to the North and South Circulars, in October 2021, and emissions standards for heavy vehicles in the London-wide LEZ will be tightened (to Euro 6) in October 2020.
- **Cleaning up London's buses.** The Mayor is transforming London's bus fleet with a retrofit programme covering thousands of buses, and only procuring hybrid or zero emission double decks since 2018.
- **Cleaning up the taxi fleet.** From 2018, TfL has stopped new diesel taxis from being licensed in London and all new taxis need to be zero emission capable. TfL provide financial incentives to enable this switch to cleaner taxis and over 175 rapid charge points have been installed, with many dedicated to the trade.
- **Low emission neighbourhoods** – have been funded across London to pioneer measures to promote the use of low emission vehicles and improve local air quality, including low emission

² https://www.london.gov.uk/sites/default/files/school_aq_audits_-_toolkit_of_measures_dr_v3.3.pdf

³ London Assembly, London stalling: Reducing traffic congestion in London, January 2017, Transport for London, Travel in London - Report 9 data, 2017

vehicle only streets, measures to promote deliveries by cycle cargo bikes and low emission vehicles, and bold proposals to promote walking and cycling.

- **The London Environment Strategy** – is an ambitious strategy, with a particular focus on air quality published in 2018, and seeks to address the most urgent environmental challenges facing London, to safeguard its environment over the longer term. This strategy establishes aims for London, which include having the best air quality of any major city, and a zero-carbon city by 2050, with energy efficient buildings, clean transport and clean energy. The Mayor is providing funding through his Greener City Fund to create and improve green spaces and to plant trees.
- **The Draft London Plan** - published in November 2017, places a considerable emphasis on air quality. The aim of policies is to ensure that new developments are designed and built, as far as is possible, to improve local air quality and reduce the extent to which the public are exposed to poor air quality.
- **Healthy Streets Approach** - the Mayor is embedding the 'Healthy Streets' approach in transport strategy. This promotes a holistic approach to improve the health, liveability, social cohesion and economic prosperity of an area.
- **The Mayor's Transport Strategy 2018** - The Mayor has set out ambitious plans to improve transport in London over the next 25 years. The Mayor's ambition for 80% of trips in London to be made on foot, by cycle or using public transport by 2041, and a commitment to make the entire transport system zero-emission by 2050.

1.1.11. These measures are already starting to have a measurable impact on pollution levels in London.

However, the Mayor also wanted to take early action at 20 nurseries located in areas with some of the highest air pollution levels, so has provided £250k funding to commission this programme.

1.1.12. The Mayor's Nurseries Air Quality Audits Programme follows the approach developed as part of the Mayor's School Air Quality Audit Programme, identifying a combination of hard-hitting measures and quick win improvements, to minimise the impacts of toxic air on nursery children in some of the worse affected areas across London. This is both in terms of reducing the sources of harmful emissions, as well as reducing the exposure to these emissions.

1.2. OBJECTIVES

1.2.1. The key objectives of the Mayor's Nurseries Air Quality Audit Programme are to:

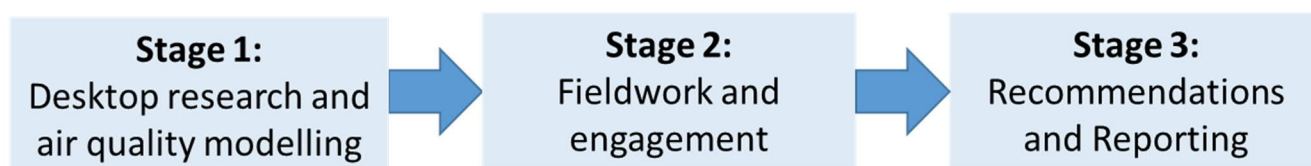
- Audit and identify the sources of poor outdoor air quality and exposure by children at 20 state-funded nurseries and their surrounding nursery catchment areas, including NO₂, PM₁₀ and PM_{2.5}.
- Audit and identify the sources of poor indoor air quality and potential exposure by children attending the nurseries, and establishing a baseline of indoor air quality.
- Assess the feasibility of installing air filtration systems at the selected nurseries' sites.
- Trial and monitor the effectiveness of air filtration systems in at least 5 of the nurseries sites.
- To identify, evaluate and recommend measures within and around the nurseries' that will help a borough and nursery to reduce particulate matter, emissions and children's exposure to poor air quality, and award grant funding to deliver some of the recommended measures.
- To engage nursery communities and raise awareness about the impacts of air pollution, including an introduction to Transport for London's STARS programme and the GLA's Healthy Early Years London Programme.
- To engage eligible London boroughs and other relevant stakeholders to inform the context and feasibility of the proposed recommendations.

2. AUDIT APPROACH

2.1. OVERALL AUDIT APPROACH

- 2.1.1. The Mayor's Nurseries Air Quality Audits follow the structured approach established through the preceding audit programme of Primary Schools, but this time included air quality monitoring of both indoor and outdoor air pollution. The structured approach the audit followed is summarised in Figure 1 below.

Figure 1 – Overview of Approach



- 2.1.2. Each audit consists of broadly three key stages:

Stage 1: Desktop research and air quality modelling

- 2.1.3. Prior to the site visit **air quality modelling** was undertaken for the area around the nursery, with an assessment of the contribution to emissions made by each vehicle type on the roads around the nursery.
- 2.1.4. A **desktop review** of the local areas around the nursery site, and the wider catchment was also undertaken, to highlight key features for the auditor to assess further on site. This includes sources of pollution, causes of exposure, and notable features in the local area which may have a bearing on the potential mitigation measures (i.e. bus routes, pedestrian crossing locations, nearby construction sites, physical barriers such as railways or rivers). The nurseries STARS⁶ travel plan progress was also reviewed for reference ahead of the audits.

Stage 2: Fieldwork and consultation

- 2.1.5. A site visit to the nursery was undertaken by the WSP auditor and the borough officer who deals with air quality.
- 2.1.6. Observations were undertaken with the borough officers and nursery staff during the peak arrival/ departure time, to capture as much information as possible on drop-off and waiting activity in and around the nursery, **identifying external sources of emissions** close to the nursery, and the areas where the children are exposed to poor air quality when approaching the nursery.

⁶ STARS is TfL's accreditation scheme for London schools and nurseries, promoting travel to school sustainably, actively, responsibly and safely by championing walking, scooting and cycling.

- 2.1.7. The external observations were then followed by an **audit of the building and grounds** which was undertaken with the assistance of the facilities manager, to enable the auditor to familiarise themselves with its layout, and the proximity of classrooms and playgrounds to areas of poor air quality. The audit included a review of the nurseries boilers, and considered features likely to lead to emissions of indoor air pollutants, such as building ventilation, evidence of fresh air intrusion, and identifying use and location of potential pollutant sources.
- 2.1.8. A key element of the audits was to capture the views of nursery staff, the wider nursery community, and relevant borough officers, to gain an understanding of operational considerations, behavioural traits and recent history of the nursery.
- 2.1.9. A **brainstorming session** was then undertaken, with staff from the nursery and the borough officer in attendance. This session served several functions. It enabled the auditor to capture additional information on other issues and concerns not observed directly, and additional information on issues such as whether there are any plans for extensions or additional pupil intake for example. Whilst from the borough officers, we could establish what planned or committed development is nearby, proposed or previously considered transport schemes etc. We then discussed a range of potential measures to address the issues discussed and collected feedback and suggestions from the borough and nursery representatives to inform the recommended measures.
- 2.1.10. Nursery staff were also consulted regarding what they felt would be the most suitable and effective form of **engagement activity**, which could be undertaken at the nursery to raise awareness of air pollution, its causes, the health impact, and a range of measures to reduce air pollution.
- 2.1.11. A 3-month baseline **air quality survey** was undertaken to monitor Nitrogen Dioxide (NO₂), Formaldehyde and Volatile Organic Compounds (VOCs) at sites both inside and outside the nursery building, in order to capture any attenuating influence the indoor environment may have on NO₂ concentrations.



Stage 3: Recommendations and Reporting

- 2.1.12. The auditor reviewed the findings of the audit and preparatory assessments, with the specialist support of air quality, transport planning and buildings specialists, to develop advice and recommendations. The auditor was also able to draw on an updated version of the toolkit of best practice measures and case study examples, developed for the previous primary school audit programme.

2.2. AUDIT SCHEDULE – ALICE MODEL NURSERY SCHOOL

2.2.1. Table 1 provides further detail of the audit schedule and key participants from the nursery and borough.

Table 1 – Audit Details

Date of Audit	Friday 14th December 2018	
Nursery Representatives	Lynn Cottle – Head	
Borough Representatives	Nicholas Marks – Air Quality Officer	
WSP Auditors	Martin Battle	
Itinerary	Timings	Description
	0800 – 0900hrs	Initial observations and site familiarisation by WSP auditors
	0915 – 1030hrs	Brainstorming Workshop with key staff from the nursery and borough officers.
	1030 – 1045hrs	Site walk and observations with borough air quality officers/ school transport officer/ nursery staff
	1045 – 1100hrs	Audit of building and grounds to appreciate the layout of the building/playgrounds etc. accompanied by the bursar/caretaker
	1100 - 1115hrs	Further observations and completion of site audit template

3. CONTEXT AND INITIATIVES

3.1. NURSERY CONTEXT

Figure 2 - Nursery Context

Borough: Tower Hamlets

Address: 14 Beaumont Grove, E1 4NQ

Pupil Numbers: 65

Age Range:
3-5 years

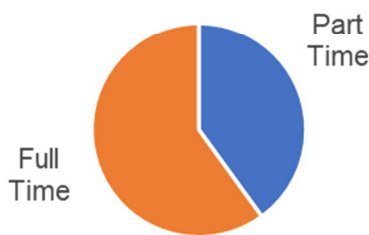


Gender:
Mixed

Type: Local authority nursery school



Children attending Full Time/ Part Time:



Children who speak English as an additional language:

Higher than average

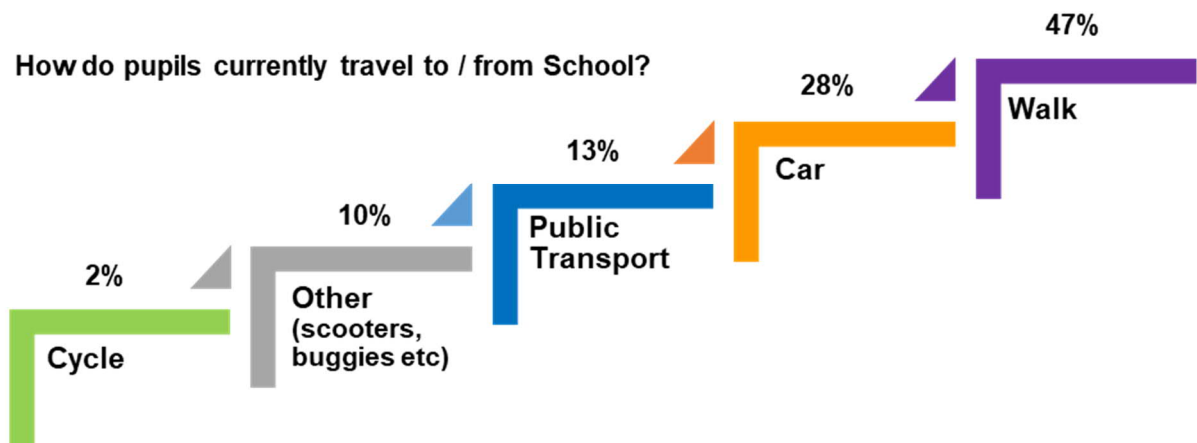


Children with disabilities or special educational needs:

Higher than average

Deprivation Rank: 2

How do pupils currently travel to / from School?



- 3.1.1. **Alice Model Nursery School** is located in East London and sits within the Borough of Tower Hamlets.
- 3.1.2. The nursery has a breakfast club that starts at 8am but at the time of the audit only two children were using this service. Main arrival time is at 9.15am and there around **75 full time equivalent** pupils. The nursery has 14 staff with around 2 to 3 of them driving to work while the rest walk or use public transport.
- 3.1.3. The main entrance is on **Beaumont Grove**, a mainly residential street with some commercial operations.
- 3.1.4. Approximately **10,300 vehicles per day travel** on the core roads within a 200m radius of the nursery⁷. This is within the 3rd quartile in terms of traffic volumes amongst of the 20 nurseries assessed as part of this programme. For context, in the UK in 2017⁸ the average traffic flow on urban minor roads was 2,100 vehicles, and 19,200 vehicles on an urban A-road.
- 3.1.5. The desktop review and subsequent discussions with the nursery confirmed that around **47% walk to the nursery**, 28% by car, 13% via public transport, 37%, 10% travel by other modes (scooter or buggy), and 2% cycle.
- 3.1.6. The nursery has worked hard to promote sustainable travel and has been quite successful. Travel to the nursery by car is still an issue and this is down to children with many siblings being located a multiple school sites within the Borough.
- 3.1.7. The subsequent two pages illustrate the context of the nurseries within the local area.
- The **outer context** plan highlights key roads and land uses in the area, including the frequencies of buses, as well as other notable sources of air pollution. The figure also illustrates the key walking routes taken by the children when approach the nursery.
 - The **inner context** plan provides detail on the main accesses (both pedestrian and vehicular) to the nursery, and the location of the playgrounds where children are most exposed to air pollution.

⁷ The traffic flows and vehicles splits presented are based on the average number of vehicles on each LAEI modelled road link within 200m radius of the nursery in the LAEI 2013 base.

⁸ DfT Road Traffic Estimates: Great Britain 2017 (2018)

Figure 3 – Outer Context Plan

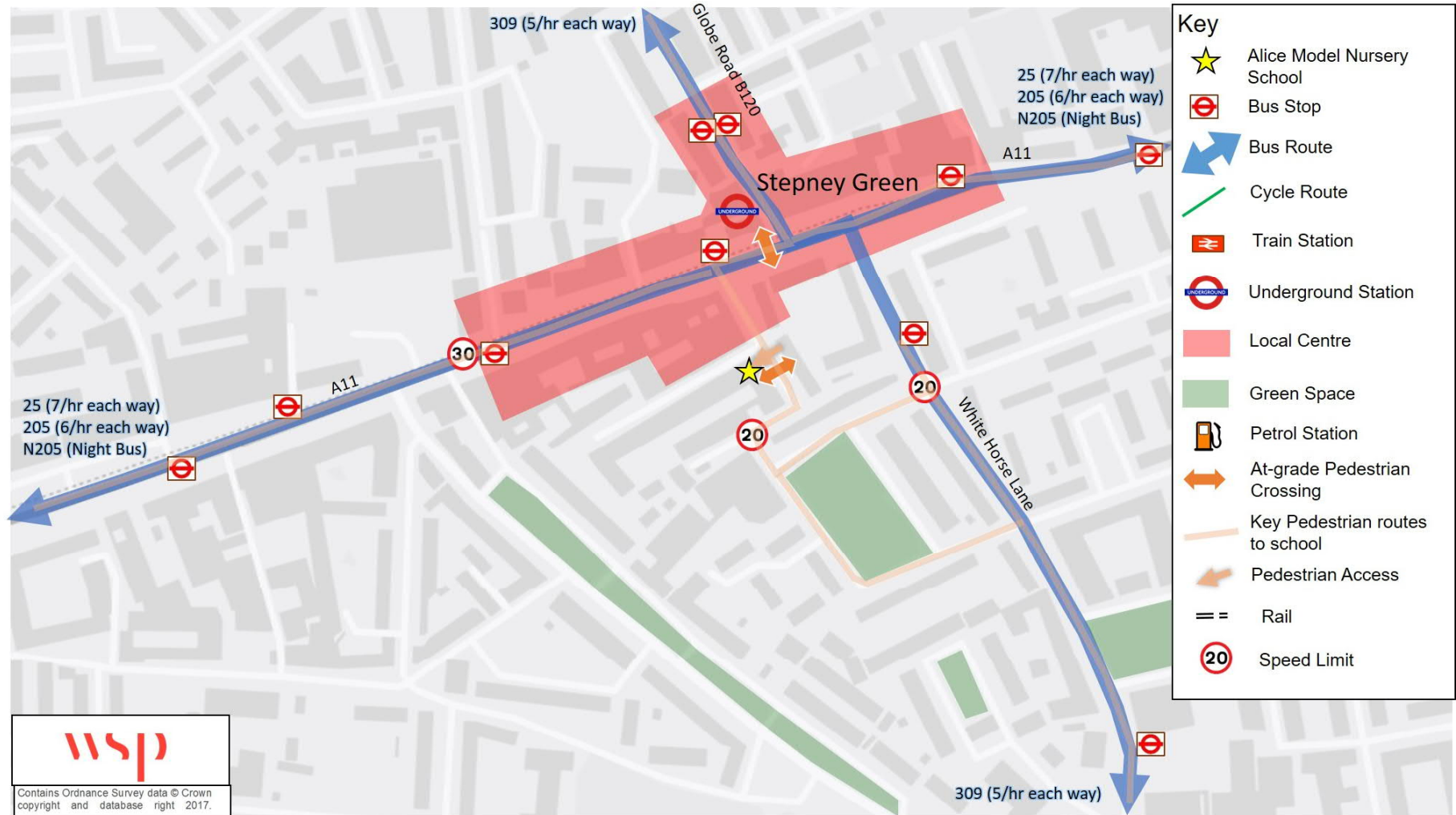


Figure 4 – Inner Context Plans



3.2. PLANNED SCHEMES & RECENT INITIATIVES

3.2.1. The borough has implemented their first 'school street' on Salmon Street adjacent to the Sir William Burrough Primary School to address poor air quality and road safety. Through the boroughs' 'School Streets' scheme Alice Model nursery has been identified for action.

3.2.2. The new transport strategy for the borough is currently out for consultation.

3.2.3. Notable ongoing developments close to the nursery include:

OCEAN ESTATE REGENERATION

3.2.4. Construction is ongoing to redevelop the Ocean Estate to the east of the nursery, to provide over 800 residential dwellings, and up to 1,300 sqm of floorspace for non-residential uses, with associated car parking. This development includes alterations to the existing highway and landscape works.

Potential impact of development:

- Air pollution associated with construction activity.
- Potential for additional traffic once completed.

3.2.5. A number of notable schemes and initiatives were also highlighted, that will have a significant bearing on the air quality around the nursery, these include:

WIDER SCHEMES

ULTRA LOW EMISSION ZONE (ULEZ) AND LOW EMISSION ZONE (LEZ)

3.2.6. The recently launched ULEZ will operate 24 hours a day, 7 days a week within the same area as the current Congestion Charging Zone (CCZ). All cars, motorcycles, vans, minibuses, buses, coaches and heavy goods vehicles (HGVs) will need to meet exhaust emission standards, or pay a daily charge. In the case of petrol cars and vans this means Euro 4, and Euro 6 for diesels. HGVs and coaches are also Euro 6. Further details on emissions standards and classification of vehicles can be found through TfL.

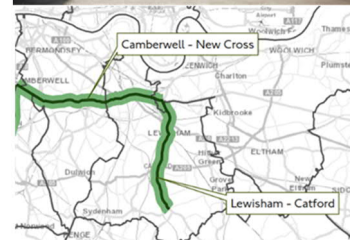
3.2.7. The London-wide Low Emission Zone (LEZ) is being tightened to a Euro VI emissions standard for heavy duty vehicles (buses, coaches, Heavy Goods Vehicles (HGVs) from October 2020. The ULEZ will be expanded for light duty vehicles (such as cars, vans and motorcycles) so that all vehicles are subject to emissions standards, within an area roughly bounded by the North and South Circular Roads, from October 2021. It is forecast that an expanded ULEZ and tighter LEZ standards will result in 21 per cent less harmful nitrogen oxide (NOx) from road transport in the borough from 2021.

Impact of scheme:

- Reduced air pollution as more polluting vehicles are discouraged from travelling in the ULEZ.

LOW EMISSION BUSES

3.2.8. Since 2018, all new double deck buses are hybrid or zero emission. The Mayor has also launched an £85m programme to upgrade around 5,000 buses so that the entire fleet meets the Euro VI emissions standard in 2020. Around 75 per cent of all TfL buses – including all buses operating in the ULEZ – now meet or exceed the strict ULEZ emission standards. By October 2020 every TfL bus in London – over 9,000 buses - will meet or exceed the ULEZ standards. This will mean that next year the entire city will become a Low Emission Bus Zone.



3.2.9. Twelve new low Emission Bus Zones are being introduced in areas where Londoners are exposed to some of the highest levels of nitrogen dioxide pollution. The Mayor has completed ten of these zones, reducing NOx emissions from buses by an average of 90 per cent along some of the capital's most polluted roads. The Mayor will complete delivery of all 12 routes ahead of schedule in 2019 rather than 2020. Of relevance locally is the proposed Stratford low emission bus zones from Mile End Road to Romford Road.

Impact of scheme:

- Reduced air pollution as buses are replaced with low emission buses.

LOCAL SCHEMES

SCHOOL STREET, WILLIAM BURROUGH PRIMARY SCHOOL

The borough has recently implemented their first 'school street' on Salmon Street adjacent to the Sir William Burrough Primary School, to address poor air quality and road safety.

Impact of scheme:

- Reduced local air pollution during pick up and drop off times.

NURSERY STARS ACTIVITIES

3.2.10. STARS (Sustainable Travel: Active, Responsible, Safe), is TfL's accreditation scheme for London schools and nurseries, to inspire young Londoners to travel to school sustainably, actively, responsibly and safely by championing walking, scooting and cycling.

3.2.11. As part of the STARS scheme nurseries receive bespoke guidance from the borough, on-line resources, access to a London-wide community of schools and nurseries, priority access to funding, accreditation and recognition.

3.2.12. Alice Model Nursery School holds Gold status of the STARS programme as of September 2017, and has been active in undertaking range of STARS activities, with the following recorded from 2017-2018:

- The Children's Traffic Club being a TfL road safety resource with road safety book and online education.
- Cycle skills for adults.
- Bike training for children for them to build up skills.



- Brighten your bag was a discussion and workshop to explain how clothes and high visibility jackets are used.
- Personal safety promotion
- School travel noticeboard and web page with newsletters and information on website plus texts for parents
- Health benefits of active travel
- Outdoor class room day
- Walking trips to local planes to learn pedestrian skills
- Public transport for school trips by taking advantage of TfLs free travel scheme for parents and children
- Nursery zig zag enforcements



HEALTHY SCHOOLS LONDON

- 3.2.13. Healthy Schools London is a programme that supports London's schools and nurseries in providing an environment and culture that helps their pupils grow to be healthy happy and learn. This programme supports schools as they work towards an award scheme (sponsored by the Mayor of London), with a network of local coordinators, and a range of resources, tools and advice provided through this website and regular workshops for schools.
- 3.2.14. Alice Model Nursery is currently not registered with the Healthy Schools programme.

4. AIR QUALITY AUDIT FINDINGS

4.1.1. The air quality audit findings are summarised in this chapter as follows:

- Baseline air quality; and
- Observed issues, emission sources and potential exposure

4.1. BASELINE AIR QUALITY

- 4.1.1. The air quality audit used a combination of modelled and measured data to establish the local, baseline pollution levels in and around each nursery.
- 4.1.2. Three pollutants were monitored in and around the nursery, these were **nitrogen dioxide (NO₂)**, **formaldehyde (CH₂O)** and **Volatile Organic Compounds (VOCs)**. All three pollutants can cause respiratory inflammation which can exacerbate to respiratory problems such as asthma and bronchitis at high levels.
- 4.1.3. NO₂ is both a primary and secondary pollutant, derived from emissions of nitrogen oxides (NO_x) from combustion sources. In London key sources include road vehicles and domestic boilers. Vehicle emissions contribute significantly to local increases in concentrations especially near busy roads.
- 4.1.4. VOCs are made up of a range of organic compounds, including formaldehyde. They have a significant photochemical oxidant forming potential and contribute to the formation of secondary pollutants, such as NO₂. They arise from a wide variety of products commonly used in homes and workplaces, including furnishing, carpets, upholstery, cleaning products and air fresheners.
- 4.1.5. Formaldehyde is a notable VOC, and can be released from furniture, finishes and building materials, and is formed in chemical reactions from combustion processes, such as smoking, heating, cooking or candle burning.
- 4.1.6. Baseline air pollutant monitoring was undertaken for three months. At Alice Model Nursey School, five NO₂ diffusion tubes, one formaldehyde diffusion tube and one VOC diffusion tube were deployed in the following locations:

Nitrogen Dioxide (NO₂)

- roadside outside the nursery
- immediately outside the nursery entrance
- playground
- immediately inside the nursery entrance
- inside a nursery classroom.

Formaldehyde and VOCs

- Inside a nursery classroom.

4.1.7. See Appendix C for further details on the location of the diffusion tubes.

Figure 5 - Comparison of the average NO₂ concentrations at Alice Model Nursery School (µg/m³)



4.1.8. The results of the three-month baseline NO₂ monitoring at Alice Model Nursery School, shown in Table 2.

Table 2 – Alice Model Nursery School: Three Month Baseline NO₂ Monitoring Results (µg/m³)

Diffusion Tube Location	Indoor / Outdoor Location	Baseline NO ₂ Monitoring Results - NO ₂ (µg/m ³)			
		January	February	March	Average
Roadside	Outdoor	42.71	49.23	47.60	46.51
Playground	Outdoor	37.16	41.85	39.13	39.38
Nursery entrance	Outdoor	33.11	38.29	38.37	36.59
Nursery entrance	Indoor	26.22	29.04	32.65	29.30
Classroom	Indoor	15.38	-	22.85	19.12
Ratio of indoor to outdoor (I/O) concentrations		0.55	-	0.67	0.61

4.1.9. NO₂ concentrations were found to be highest at the **roadside** (49µg/m³), with local road traffic emissions contributing significantly to roadside concentrations.

4.1.10. The three months of baseline NO₂ monitoring provides a snap-shot of concentrations in and around the nursery across the winter and spring months, when concentrations are likely to be at their

highest due to elevated NO_x emissions driven by the cold weather. However, in each month, the measured NO₂ concentrations exceeded the annual mean NO₂ national Air Quality Objective (AQO) of 40µg/m³.

- 4.1.11. NO₂ concentrations fall to 39µg/m³ in the **playground**, which is partially screened from traffic by fencing and some trees and shrubs. Concentrations at the **nursery entrance** are of a similar level (37µg/m³) to the playground.
- 4.1.12. **Inside the nursery**, concentrations fall to 29.30µg/m³ at the nursery entrance and 19.12µg/m³ in the classroom. It should be noted that indoor NO₂ is not regulated against EU limits, it is regulated against HSE exposure limits.
- 4.1.13. Previous research undertaken for the GLA found that outdoor NO₂ concentrations and the airtightness of the building envelope explained 84% of the variation between classrooms, indicating the influence of strong outdoor pollution sources and the importance of the building envelope. Overall, **indoor to outdoor (I/O) ratios** in both seasons ranged from 0.3-0.5 in an airtight, contemporary school compared with 0.7-0.9 in Victorian schools that have original wooden window frames.
- 4.1.14. The NO₂ I/O ratio was 0.61 at Alice Model Nursery School, indicating that uncontrolled infiltration rates are at the medium range of the spectrum, and so the building offers a reasonable protection to its occupants.
- 4.1.15. The results of the three-month baseline VOC and Formaldehyde monitoring are shown in Table 3.

Table 3 – Alice Model Nursery School: Three Month Baseline Formaldehyde and VOC Monitoring Results (µg/m³)

Pollutant	Baseline Formaldehyde and VOC Monitoring (µg/m ³)			
	December	January	February	Average
VOCs	120.4	241.6	*	136.2
Formaldehyde	28.5	27.08	20.42	25.33

*Sample not returned

- 4.1.16. **Volatile Organic Compounds (VOCs)** are emitted from vapours arising from petrol and solvents. In a nursery setting are likely to originate from a wide variety of products, including furnishing, carpets, upholstery, cleaning products and air fresheners. Exposure can cause irritation to the eyes and upper airways. In the UK, building regulations recommend total Volatile Organic Compounds (TVOCs⁹) concentrations should be below 300 µg/m³. In Alice Model they were found to be 136.2

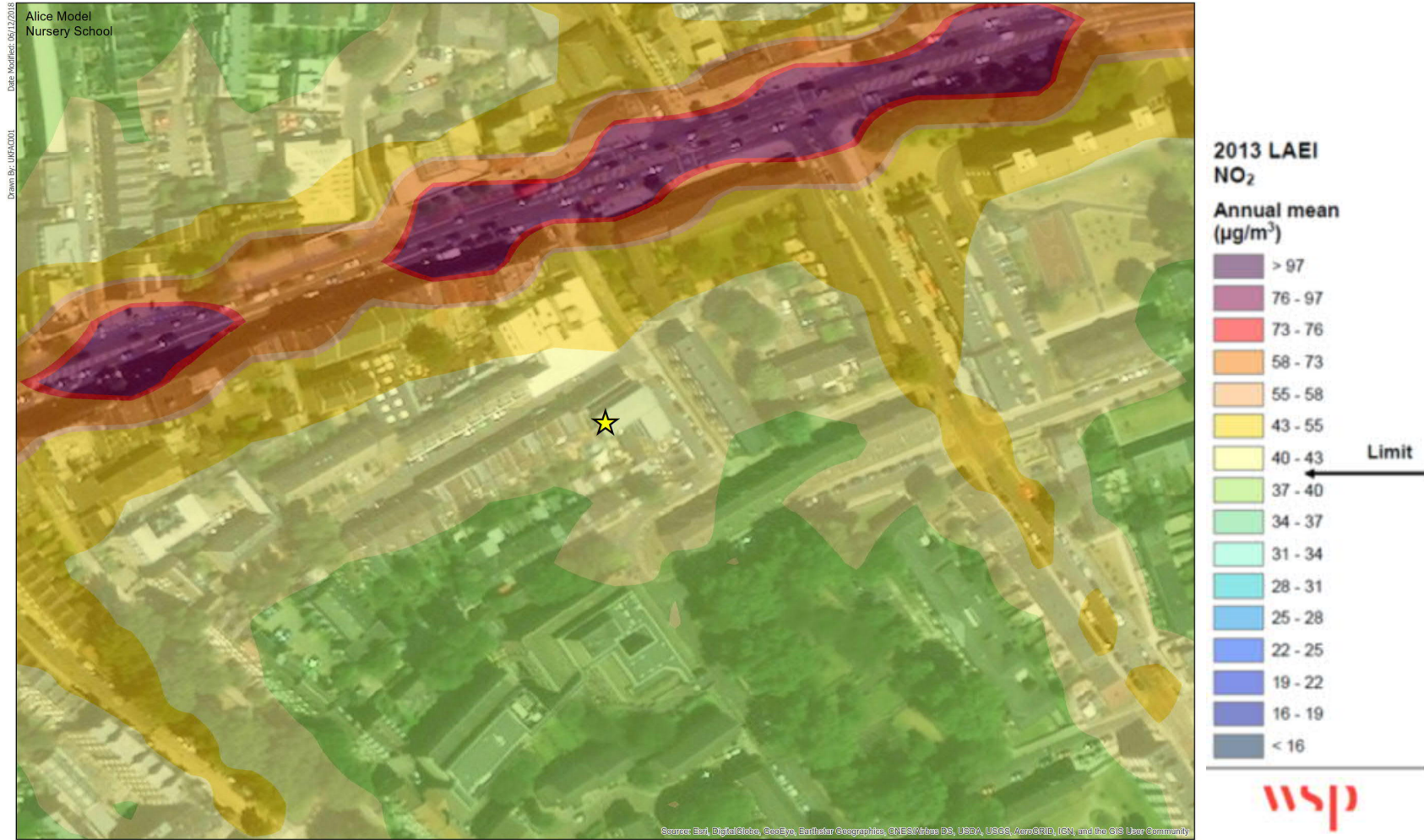
⁹ TVOC is a grouping of a wide range of organic chemical compounds to simplify reporting when these are present in ambient air or emissions.

$\mu\text{g}/\text{m}^3$. All of the VOCs detected were identified as being likely to be indoor pollutants, and included fragrances, perfumes and alcohols, likely to be products derived from use of cleaning materials and solvents.

- 4.1.17. **Formaldehyde** are emitted from vapours arising from solvents and adhesives. In a nursery setting these are likely to originate from glues, adhesives and finishing's. Exposure can cause burning sensations of the eyes, nose, and throat, coughing, wheezing, nausea and skin irritation. The World Health Organisation (WHO) indoor air quality guideline¹⁰ for short- and long-term exposures to formaldehyde is $100 \mu\text{g}/\text{m}^3$. In Alice Model they were found to be $25.33 \mu\text{g}/\text{m}^3$.
- 4.1.18. In addition to the monitoring undertaken at the site, 2013 baseline annual mean NO_2 , PM_{10} and $\text{PM}_{2.5}$ concentrations have been estimated for each nursery from the **London Atmospheric Emissions Inventory** (LAEI) maps.
- 4.1.19. Briefly, the LAEI model provides mapped annual mean NO_x , NO_2 , PM_{10} and $\text{PM}_{2.5}$ concentrations on a 20m x 20m basis for the whole of London from a base-year of 2013 for 2020, 2025 and 2030.
- 4.1.20. The LAEI uses air pollution emission estimates from a wide range of sources including transport, industrial, domestic and commercial combustion, agriculture and long-range transport using the most up-to-date activity data, emission factors and projection factors.
- 4.1.21. Figure 6 shows the 2013 LAEI baseline annual mean NO_2 concentrations within the vicinity of Alice Model Nursery School.
- 4.1.22. The contours (changes in colours) show the change in the change in pollution gradients, with distance, away from the heavily trafficked Mile End Road. NO_2 concentrations are predicted to be highest along the northern boundary of the nursery, which is closest to the main road.

¹⁰ Chapter 5.8 Formaldehyde. WHO Air Quality Guidelines – Second Edition, 2001

Figure 6 - LAEI Baseline Annual Mean NO₂ Concentrations within the Immediate Area of Alice Model Nursery School



4.1.23. Nearly 50% of NO_x emissions in London are from road transport. Vehicle emissions data for the LAEI modelled road links within 200m of the nursery, split by source, have been analysed to identify the key sources contributing to NO₂ in the vicinity of the nursery.

4.1.24. The pie chart below shows that while buses make up only 5% of vehicle movements, they contribute 39% of the transport related NO_x emissions locally. Similarly, HGVs only account for 5% of the total traffic but contribute 22% of emissions. However, it should be noted that with TfL's commitment to upgrading the whole bus fleet to the cleanest Euro VI vehicles as a minimum, by October 2020, that the emissions contributed by buses will be expected to fall significantly.

Figure 7 – Average Road Transport – by Vehicle Type (within 200m of nursery)

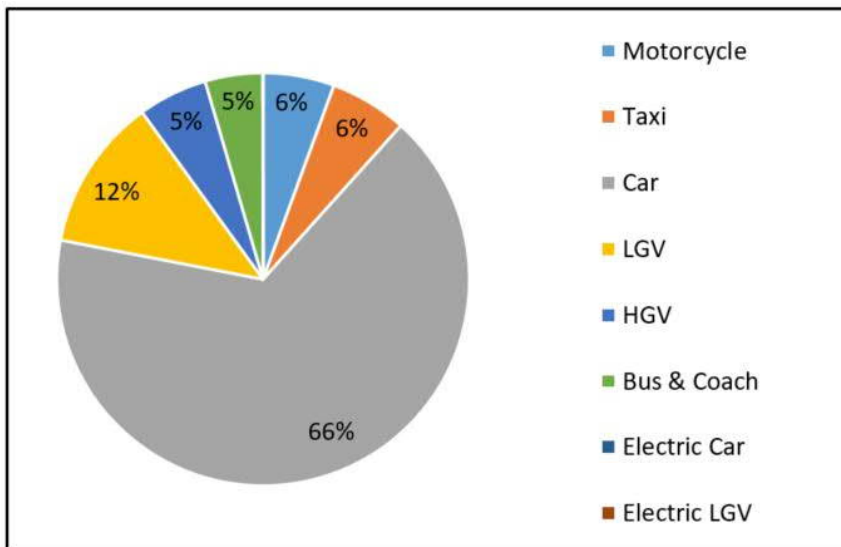
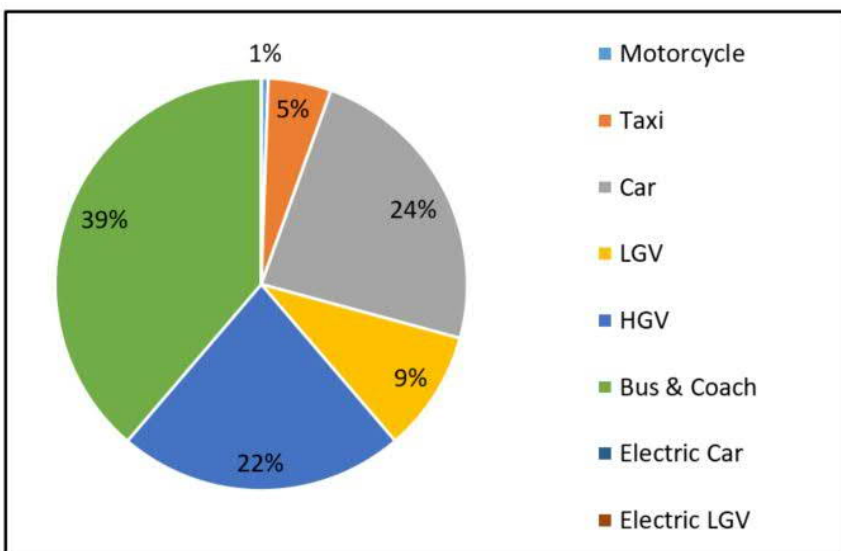


Figure 8 – Average Road Transport NO_x Emissions by Vehicle Type (within 200m of nursery)



4.1.25. The pie charts below illustrate that PM₁₀ and PM_{2.5}, like NO_x, are emitted in higher levels by large vehicles such as buses, HGVs and LGVs, though not to the same extent. Buses make 5% of vehicle movements, and contribute 23% of the transport related PM₁₀ emissions locally, and 27% of PM_{2.5}.

Figure 9 – Average Road Transport PM₁₀ Emissions by Vehicle Type (within 200m of nursery)

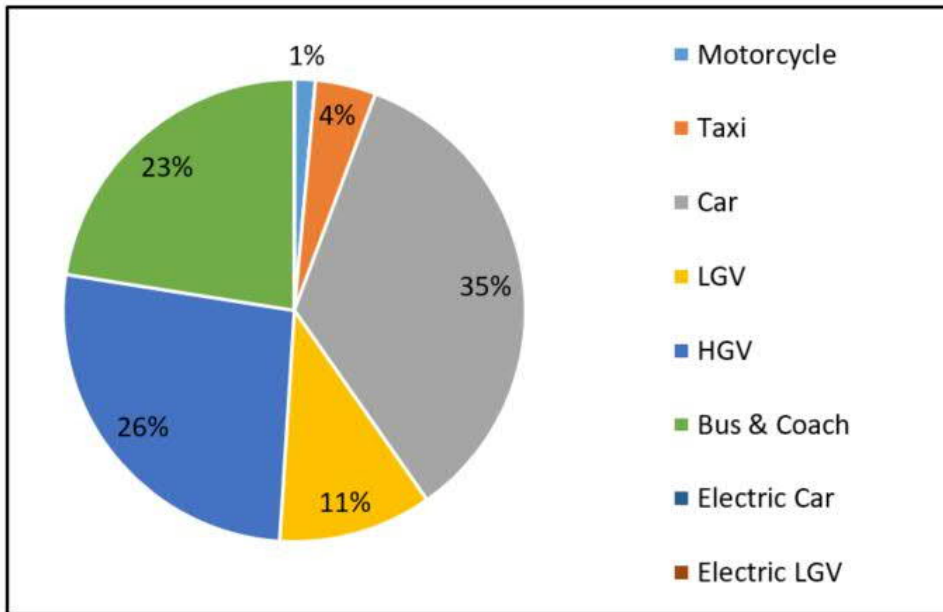
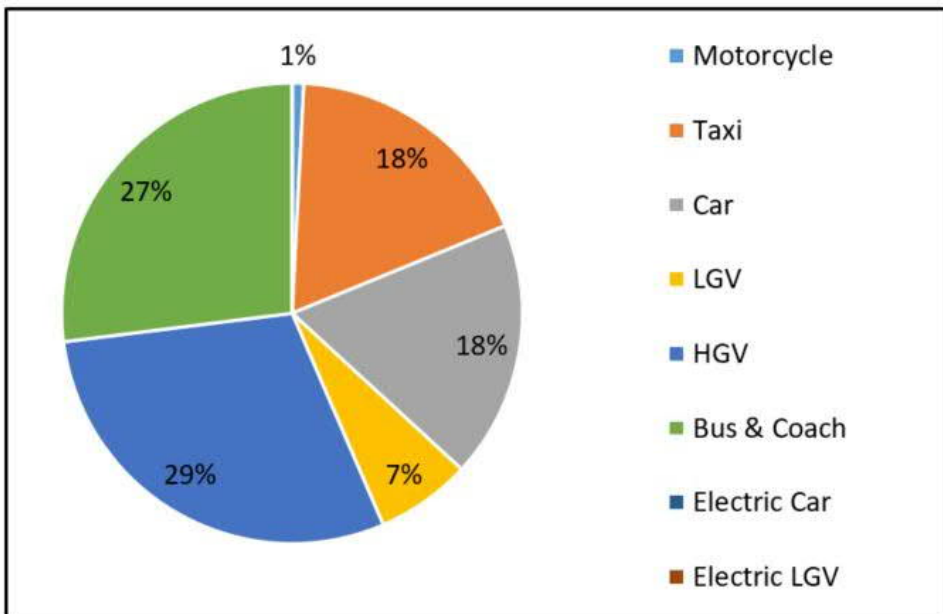


Figure 10 – Average Road Transport PM_{2.5} Emissions by Vehicle Type (within 200m of nursery)



4.1.26. Figures 11-13 show the 2013 LAEI baseline annual mean NO_x, PM₁₀ and PM_{2.5} concentrations in within 2km of Alice Model nursery school. The contours (changes in colours) show how the pollution gradient changes, with distance, away from the heavily trafficked roads and other key sources. PM₁₀ and PM_{2.5} sources are much more universal and dispersed than NO₂ sources. A proportion of PM_{2.5} and PM₁₀ is imported via weather events from regions outside of London, with other contributions coming from combustion processes, cleaning street sweeping/ dust re-entrainment, construction dust, etc. Therefore, concentration profiles of PM₁₀ (Figure 12) and PM_{2.5} (Figure 13) appear less defined than for NO₂.

Figure 12 - 2013 LAEI Baseline Annual Mean PM₁₀ Concentrations within 2km of Alice Model Nursery School

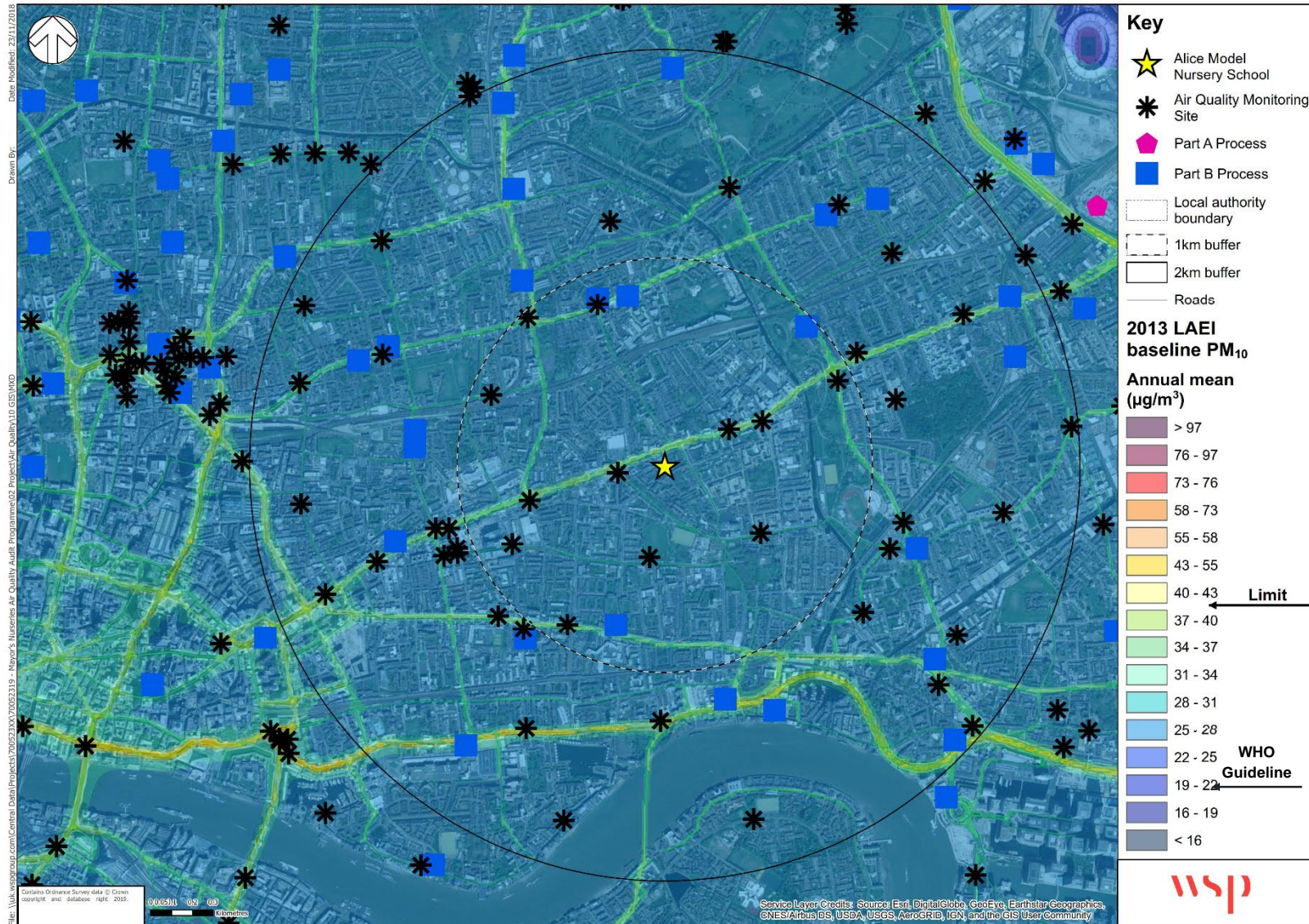
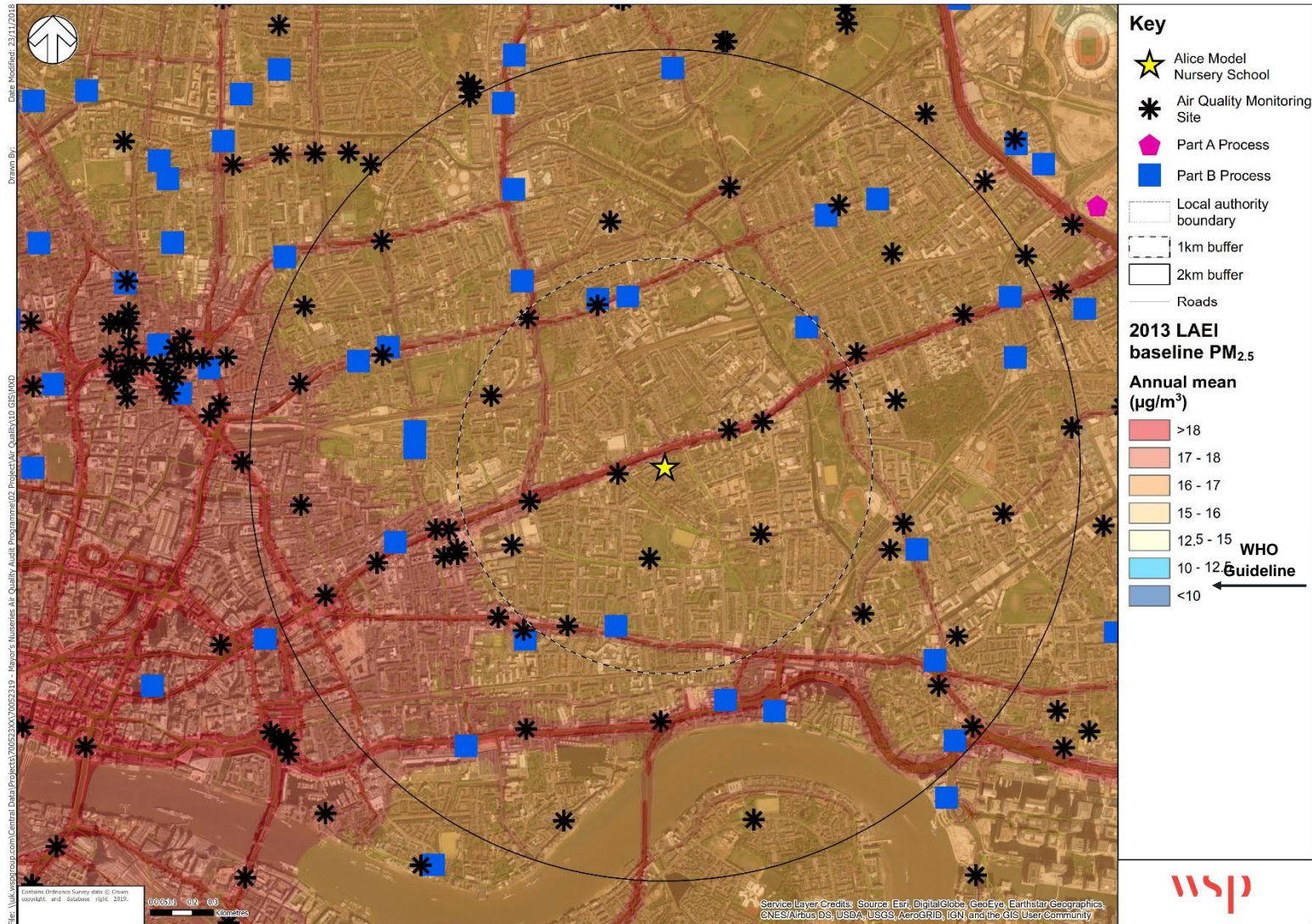


Figure 13 - 2013 LAEI Baseline Annual Mean PM_{2.5} Concentrations within 2km of Alice Model Nursery School



4.2. HIGHWAYS – KEY OBSERVATIONS

- 4.2.1. The nursery is located 63 metres south of the A11 Mile End Road on Beaumont Grove. Its entrance is situated at the corner of Beaumont Grove and Louisa Street, which is a cul-de-sac. Beaumont Grove is predominantly a residential street with low rise flats, with further residential streets to the south, as well as Beaumont Square Gardens.
- 4.2.2. Mile End Road is **heavily trafficked, wide four lane road**, carrying large volumes of cars, vans, taxis and buses. The road is a bus corridor with up to 13 buses per hour at peak times, which contributes significantly towards local air pollution.
- 4.2.3. Beaumont Grove has been traffic calmed with a 20mph speed limit and raised table crossing with priority vehicular working adjacent to the entrance. The footway outside the nursery has been widened with a build out. These works were undertaken a number of years ago as part of a safer routes to school programme, and to aid the nursery travel plan. It was observed that the footway buildout and school **zig zag markings do not dissuade prevent drivers parking**, and a number of waiting vehicles were observed with their **engines idling**.
- 4.2.4. A cash-and-carry business operates from Beaumont Grove close to the nursery. The business has no off-street servicing facilities, and **loading and unloading of delivery vehicles** takes places on street with forklift trucks. This was observed on the day of the audit.
- 4.2.5. The auditor was informed that the nursery has had issues with cash-and-carry in the past, in particular with **heavy goods vehicles and vans parking outside the nursery on the zig zag markings**. Discussions with the operators has successfully resolved this issue and it is no longer an issue. Most loading operations take place during the nursery hours, and not when children are arriving and departing. However, there is a residual concern with the operation of the cash-and-carry in terms of **road safety**.
- 4.2.6. Beaumont Grove is not a through road as such, though it does provide access to the nearby **BMI Independent Hospital**, which generates some vehicular traffic. A number of vehicles were observed to be using Beaumont Road to turn right into Mile End Road. This is an alternative route for drivers wishing to avoid the prohibited right turn from the adjacent White House Lane, and turn right into Mile End Road. The auditor was informed that the left and right turns were a difficult manoeuvre, owing to poor visibility due to the bus stop shelter, with cycle super highway bus stop bypass arrangement.
- 4.2.7. It was observed that the footways on Beaumont Grove were **missing drop kerbs**, which would hinder parents with pushchairs walking to school. Drop kerbs were missing at the entrance to the cash-and-carry, the pedestrian route between the flats of Beaumont Grove to White House Lane, Maria Terrace and Beaumont Square. It was also observed the **footways leading to Beaumont Square were narrow and restricted with street furniture** that would also hinder parents walking to school with prams and pushchairs.
- 4.2.8. The auditor was informed that the **Mile End Road is a barrier to walking** to the nursery, particularly the junctions of White Horse Lane and Globe Road. The junctions are signalised with controlled pedestrians crossings provided over Mile End Road itself. However, the side roads of White Horse Lane and Globe Road are not controlled, and pedestrians have to cross in gaps in traffic, which is a concern to the nursery and parents. The Globe Road pedestrian crossing is of particular concern, as

there is not a central refuge island, and traffic turning right from Mile End Road does so quickly, and it is difficult to see traffic coming if walking in the westerly direction towards the nursery.

- 4.2.9. It was raised that although **White Horse Lane** features traffic calming, in the form of raised tables at junctions, it was difficult to cross as a pedestrian with young children.
- 4.2.10. The construction activity underway at the nearby Ocean Estate site results in heavy goods vehicle movements. If unmitigated, construction sites also have the potential to generate high levels of dust from site clearance activities, e.g., demolition, and construction. Dust and particulate matter is generated by mechanical wear, attrition and the handling of common building materials such as concrete, cement, wood, stone and sand.
- 4.2.11. Diesel engine exhaust emissions from construction vehicles, machinery and heavy equipment, known as 'Non-Road Mobile Machinery (NRMM)' is another source of PM₁₀ and PM_{2.5} on construction sites. NRMM are a source of NO_x emissions, as well as other air pollutants. NRMM use is regulated in London.

Summary – Key Issues

- Heavily trafficked roads nearby with large numbers of cars and vans.
- Mile End Road, White Horse Lane and Globe Road are a barrier to walking to the nursery.
- Vehicles waiting and idling on school zig zag marking, contributing to emissions close to the nursery.
- Loading operation of the cash-and-carry business taking place on street, which can be a safety concern.
- Construction site close to the nursery, with associated construction activity and heavy goods vehicle movements.



Vehicles stopped at footway build out and with engines idling on school zig zags



Unloading of vehicles in street with fork lift truck

Bus stop and cycle bus stop by pass arrangement at Mile End Road at Beaumont Grove junction



Missing drop kerbs and cluttered footway Beaumont Grove



Uncontrolled pedestrian crossings at White Horse Lane and Globe Road

4.3. NURSERY GROUNDS / BUILDING - KEY OBSERVATIONS

- 4.3.1. The nursery is contained within one building, where it is situated on the ground floor of a three-storey building. The upper floors contain private residential accommodation in the form of flats. The building dates from the 1950s, but was extensively renovated around 20 years ago to accommodate the flats. The plot is square, and the building L shaped which encircles a courtyard style garden. The outside space is screened from the roads by the building.
- 4.3.2. The nursery operates a breakfast club from 8am, but at the time of the audit only two children were attending. The nursery days starts at 9.15am. The nursery at the time of the audit had 60 full time equivalents, which is the maximum allowance of children. There are 14 staff, and most walk to school, with 2 or 3 driving and parking on the surrounding streets. The site does not have off-street parking.
- 4.3.3. The nursery constructed a secure area outside the entrance for pushchairs, but **could not accommodate bikes or scooters**.
- 4.3.4. The nursery contains two main **classrooms** where children spend their time, which face the courtyard garden, and away from nearby roads. These two rooms occupy approximately two thirds of the building, while the last third accommodates staff rooms, offices and toilets.
- 4.3.5. The nursery is **reliant on natural ventilation** through opening doors and windows. The nursery windows are modern aluminium double-glazed units, which can be open to air and cool the rooms. Most of the **windows are on aspect of the building that fronts Louisa Road and Beaumont Grove**, therefore emissions from these roads can enter the nursery.
- 4.3.6. The courtyard garden has an **evergreen screening around the boundary** with the neighbours. However, neighbours gas flues were observed close to the boundary emitting fumes.
- 4.3.7. The two gas **boilers** that heat and provide hot water for the nursery are situated in a basement accessed from the courtyard garden. The boilers are modern and are less than 5 years old with a good control system. However, the two flues are positioned within the courtyard garden and exhaust at a height of two metres. At this low level and position, and screened by the building, the **emissions are not likely to be dispersed effectively**, and may circulate in the garden where children have open access to throughout the nursery day.
- 4.3.8. The nursery has does have heat exchangers which are able to cool some rooms during hot periods which limits window opening. The external heat exchangers are located next to the boiler flues.
- 4.3.9. As would be expected in a nursery, **paints and glue sticks** were used widely by the children throughout the classrooms, and consequently the odour was noticeable around these areas. When not in use they are stored in a cupboard, which is not accessible to the children.
- 4.3.10. **Cleaning chemicals** are kept in a room away from the children. The **flooring** throughout is laminate and most furniture is made from engineered wood. There are plants growing in most rooms. There is no damp or mould present in the building. The building in general is in good condition and well maintained.
- 4.3.11. **Food is delivered every day** and reheated on site with electric appliances, with vehicles accessing via the front of the building.
- 4.3.12. The nursery building contained only a **limited number of green plants**.

Summary – Key Issues

- The building is reliant on natural ventilation, with windows are on aspect of the building that fronts Louisa Road and Beaumont Grove, therefore emissions from these roads can enter the nursery.
- The boiler flues are poorly situated where they emit at low level into the courtyard garden where children have free and open access.
- There are no 'butchers curtains on the doors the outside so a lot of heat is lost to the garden resulting in the boilers burning more gas and producing more emissions.



Secure area outside entrance for pushchair storage



Two gas boiler flues exhausting into nursery courtyard garden

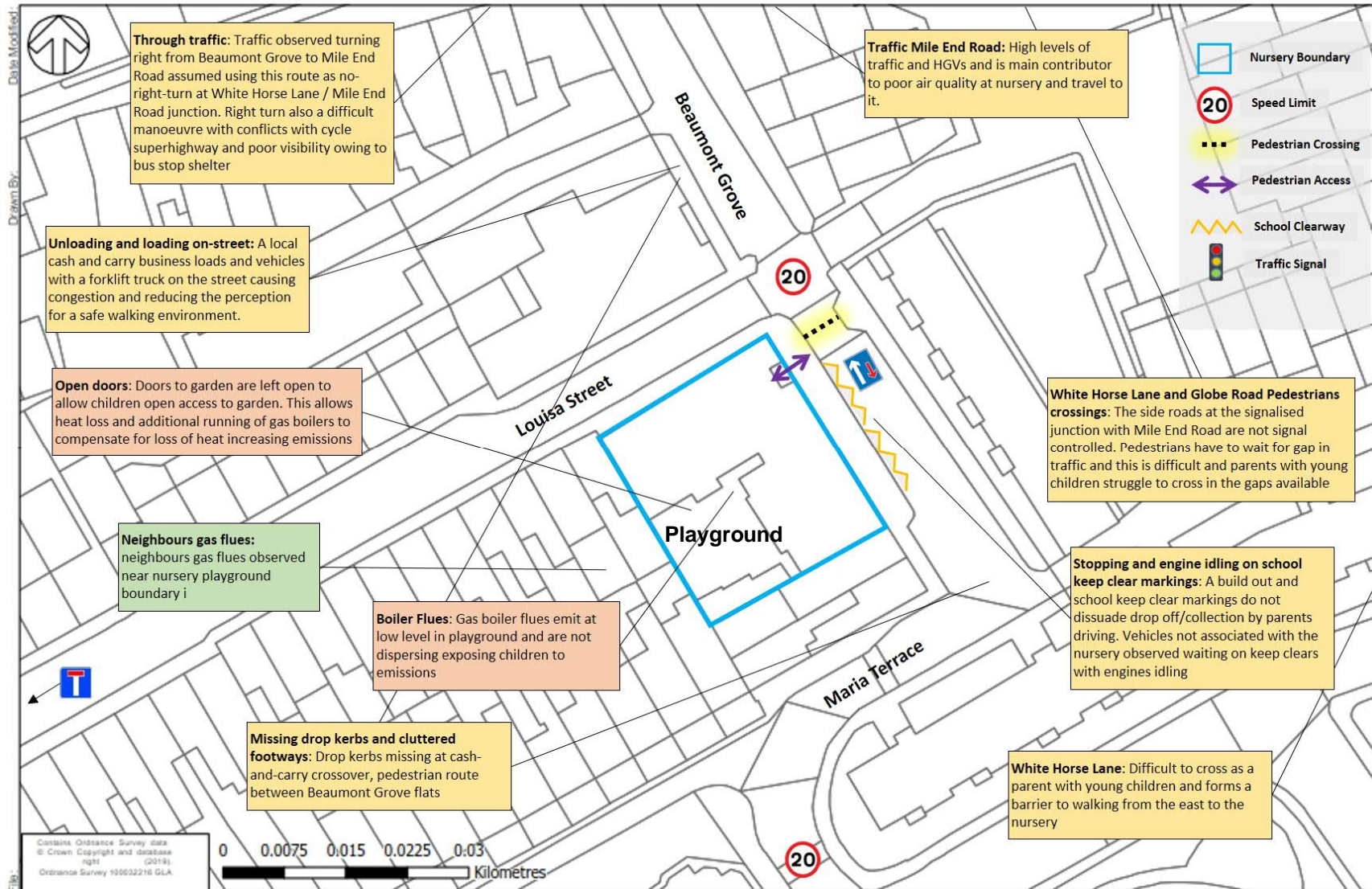


Evergreen boundary screening and neighbour gas flues



4.4. KEY OBSERVATIONS – SUMMARY OF ISSUES

Figure 14 - Summary of Potential Issues Map



5. RECOMMENDATIONS

5.1. DEVELOPING THE RECOMMENDATIONS

- 5.1.1. Based on the preceding desktop research, site audits and stakeholder feedback, a range of recommended measures and initiatives have been identified to deliver air quality improvements and reduced exposure to air pollution. The recommendations will not in themselves solve the air quality problem, but will each contribute directly or indirectly to helping improve the situation in and around the nurseries.
- 5.1.2. These recommendations are drawn from a comprehensive Air Quality Audit **Toolkit of Measures**, researched and developed as part of the Mayor's Primary School Air Quality Audit Programme, and updated as part of this programme (see Appendix E for further details).
- 5.1.3. The toolkit has been compiled from a review of best practice approaches and new technologies, including both well established and simple measures, and more innovative or harder hitting measures. The measures include both physical measures and softer behavioural measures.
- 5.1.4. The characteristics of the local area, nursery site and building have then been accounted for in identifying and tailoring a suitable package of measures to address the issues identified in causing sources of pollution or exposure to air pollution. These recommendations have also sought to be cognisant of any relevant existing plans for the local and wider area around the nursery (see Section 3.2).
- 5.1.5. A key facet of this approach, and the palette of measures from which measures were identified, is that they represent a holistic approach, as promoted by the Healthy Streets approach, in seeking to address a broad range of factors which each influence how streets are used, how people travel and consequently how clean the air is in and around the nursery. As such whilst a number of measures are less directly related to air quality, they were felt to offer the potential for contribute indirectly, for example through creating a better and safer environment for travelling by sustainable modes.
- 5.1.6. Table 4 on the following page sets out the list of recommendations. For the purposes of this assessment they have been categorised as proposals associated with:



- **Highways** – where recommendations would predominantly be delivered by either the borough council or TfL, who manage the highways.
- **Nursery grounds** – where the nursery, often supported by the borough council, would typically deliver the types of measures recommended.
- **Nursery building** – as with the nursery grounds, the building measures would primarily be delivered by the nursery and borough council.
- **Behavioural** – many of the behavioural measures can be delivered at minimal cost by the nursery, sometimes with the support of the borough council or TfL.
- **Wider measures** – these are larger schemes or policy changes, which would need to be delivered by TfL, the borough council or the UK Government.

5.1.7. In order to enable comparison of each measure, and to assist the nursery, borough and other stakeholders, in determining which measures to prioritise, each has been assessed against a series of key criteria:

- **Potential Air Quality Improvement**

- Low – nominal measurable change but a tangible reduction in sources or exposure
- Medium – a small measurable change in air quality
- High – a large measurable improvement in air quality

- **Wider Benefits**

- Such as improved safety, visual amenity, child health and welfare, improve learning environments, costs savings, promotion of sustainable transport, contributes to STARS or Healthy Early Years London.

- **Cost** (*Note these reflect the overall costs, but these may vary amongst difference stakeholders*).

- Low - <£10k
- Medium - £10k-100k
- High - >100k

- **Deliverability**

- Quick Win – readily deliverable within 12 months
- Medium term – deliverable within 1-3 years
- Longer term – only deliverable in the longer term (i.e. over 3 years)

- **Stakeholder Support**

- Low – likely to be significant objections which could delay/prevent the scheme
- Medium – may be some objections and will require consultation but not significant delays
- High – likely to have strong support from key stakeholders

5.1.8. These are high level comparative analyses intended to offer a means of considering the recommendations against one another in relative terms.

5.1.9. Further, more detailed research and options development would be required to quantify these recommendations in greater detail, such as would be undertaken in a subsequent feasibility study. The implementation of the measures will be dependent on securing funding to enable delivery over time (see section 5.8), as well as undertaking feasibility assessments and scheme prioritisation.

Table 4 – Recommended measures for consideration

Measure	Description	Purpose	Potential Air Quality Improvement			Wider Benefits	Cost			Deliverability			Stakeholder Support		
			Low	Medium	High		Low	Medium	High	Quick Win	Medium Term	Long Term	Low	Medium	High
Highway (Key Stakeholder: Borough)															
1	School Street	Consider access restrictions on Beaumont Grove at school opening and closing times to help create a safer, more pleasant environment for children travelling to school, by removing air quality and road safety problems associated with through traffic and drop-off activity on the street/s outside the school. Signs will inform drivers of the restrictions. Non-registered vehicles entering the street during the times of operation will be identified by camera and issued a fixed penalty notice. Existing residents would be exempt from any penalties. The impacts of displaced traffic need to be carefully considered, and whether it would result in more 'park and stride' journeys to school, a switch to public transport, or just displace the activity to a different nearby street.	Promoting walking, scooting and cycling by providing improved local conditions	X			<ul style="list-style-type: none"> Road safety Child health and welfare Promotion of sustainable transport 	X				X			X
2	Widen footway and extend School Keep Clears and add pocket park with cycle parking	Reallocate the road space outside the nursery on Beaumont grove by increasing width of current build out and school keep clear markings and installing planting/ greening and visitor cycle parking.	Promoting walking, scooting and cycling by providing improved local conditions	X			<ul style="list-style-type: none"> Road safety Child health and welfare Promotion of sustainable transport 		X		X				X
3	Anti-Idling	Provide signage at the front of the nursery to encourage drivers to switch off engines with parallel awareness raising to launch and enforcement.	Reduce sources and exposure	X			<ul style="list-style-type: none"> Road safety Child health and welfare Promotion of sustainable transport Supports STARS and HSL objectives 	X			X				X
4	Loading restrictions	Implement loading restrictions on Beaumont Grove to prevent on-street loading during the drop and collection time of the nursery	Promoting walking, scooting and cycling by providing	X			<ul style="list-style-type: none"> Road safety Child health and welfare Promotion of sustainable transport 	X				X			X

Measure	Description	Purpose	Potential Air Quality Improvement			Wider Benefits	Cost			Deliverability			Stakeholder Support			
			Low	Medium	High		Low	Medium	High	Quick Win	Medium Term	Long Term	Low	Medium	High	
		improved local conditions														
5	White Horse Lane	White Horse Lane has limited pedestrian crossings points along its length and these are uncontrolled and situated only at junctions. The on-street parking also limits the places available to cross. Parents have commented that it is a difficult road to cross. Review pedestrian crossings provision on White Horse road to ensure these are adequate, safe for parents with young children and on desire lines.	Promoting walking, scooting and cycling by providing improved local conditions	X			<ul style="list-style-type: none"> Road safety Child health and welfare Promotion of sustainable transport 									
6	Drop kerbs	Install drop kerbs at two locations on Beaumont Grove and reduce footway clutter on footways toward Beaumont Square to increase effective width and improve walking environment	Promoting walking, scooting and cycling by providing improved local conditions	X			<ul style="list-style-type: none"> Road safety Child health and welfare Promotion of sustainable transport 	X			X					X
7	Filtered permeability	Consider making Beaumont Grove one-way or implementing filtered permeability to discourage through traffic and prevent certain vehicles that have the highest emissions at particular times of day	Promoting walking, scooting and cycling by providing improved local conditions	X				X				X		X		
8	Healthy Streets approach, sustainable transport and roadspace reallocation from vehicular traffic	Promote the Mayor of London's Healthy Streets approach which aims to improve air quality, reduce congestion and help make London's diverse neighbourhoods greener, healthier and more attractive places to live, work, play and do business. Take a proactive role in endorsing the approach and supporting these initiatives.	Reduce sources and exposure			X	<ul style="list-style-type: none"> Promotion of sustainable travel 			X			X		X	
9	Additional parking charges for more polluting vehicles	Consider introducing surcharges on top of existing parking charges for more polluting vehicles. A trial in Westminster found that the number of dirtier diesel vehicles using the parking bays dropped by 12%. Westminster's, and Islington also looking to introduce a similar scheme.	Reduce sources and exposure			X			X			X		X		

Measure	Description	Purpose	Potential Air Quality Improvement			Wider Benefits	Cost			Deliverability			Stakeholder Support			
			Low	Medium	High		Low	Medium	High	Quick Win	Medium Term	Long Term	Low	Medium	High	
10	Non-Road Mobile Machinery Audit	The Council could consider a requirement for a Non-Road Mobile Machinery (NRMM) Audit to be undertaken at construction sites. This requirement is being trialled within some Low Emission Neighbourhoods to help ensure compliance of vehicles used for developments. Currently, NRMM is the third largest contributor of NOx emissions and the fifth largest contributor of PM emissions in London, and any comprehensive plan to reduce London's emissions should attempt to address emissions from construction machinery.	Reduce sources of emissions	X			Reduce noise	X			X				X	
11	Control of Dust and Emissions during Construction and Demolition SPG	Introduce a requirement in planning conditions to manage dust and emissions associated with construction based on the Control of Dust and Emissions during Construction and Demolition SPG prepared by the GLA, which includes requirements for construction sites to monitor air quality and share the results with the borough council – https://www.london.gov.uk/what-we-do/planning/implementing-london-plan/supplementary-planning-guidance/control-dust-and	Reduce sources of emissions	X				X			X				X	
Highway (Key Stakeholder: TfL)																
12	Low Emission Buses	Since 2018, all new double deck buses are hybrid or zero emission. The Mayor has also launched an £85m programme to upgrade around 5,000 buses so that the entire fleet meets the Euro VI emissions standard in 2020. Around 75 per cent of all TfL buses – including all buses operating in the ULEZ – now meet or exceed the strict ULEZ emission standards. By October 2020 every TfL bus in London – over 9,000 buses - will meet or exceed the ULEZ standards. Twelve new low Emission Bus Zones are being introduced in areas where Londoners are exposed to some of the highest levels of nitrogen dioxide pollution. The Mayor has completed ten of these zones, reducing NOx emissions from buses by an average of 90 per cent along some of the capital's most polluted roads.	Reduce sources and exposure			X				X		X			X	

Measure	Description	Purpose	Potential Air Quality Improvement			Wider Benefits	Cost			Deliverability			Stakeholder Support			
			Low	Medium	High		Low	Medium	High	Quick Win	Medium Term	Long Term	Low	Medium	High	
13	Pedestrian crossing Mile End Road, Globe Road and White Horse Lane	Provide controlled pedestrian crossing facilities for a safer walking environment on Mile End Road.	Promoting walking, scooting and cycling by providing improved local conditions	X			<ul style="list-style-type: none"> Road safety Child health and welfare Promotion of sustainable transport 	X				X			X	
School Grounds (Key Stakeholder: School/ Borough)																
14	Neighbours gas flues	Review location of neighbour's gas flues meet building regulation and enforce if necessary. Ensure new flues are not positioned in locations that would no increase exposure to emissions in the nursery grounds	Reduce exposure to emissions	X					X			X			X	
School Building (Key Stakeholder: School/ Borough)																
15	Boiler flues	Extend two gas boiler flues to above the roof height of the building to allow dispersal from the nursery playground. Flues and extraction equipment should ideally be exhausting above roof ridge height to aid quick dispersal. In some cases there can be complications with raising their exhaustion height further due to pressure drops, so specialist advice should be sought.	Reduce exposure	X					X			X			X	
16	Butchers curtains	Install butchers' curtains at open doors to playgrounds to retain heat and reducing gas burning emissions from heating boilers	Reduce exposure to emissions	X			<ul style="list-style-type: none"> Reduced energy consumption and reduced operating costs 	X			X			X		
17	Monitor London Air website / app	Daily monitoring of London Air website / app to understand air quality on the day and whether e.g. opening of windows, will increase exposure of air pollution. Sign up to receive air quality alerts when very high air pollution is forecast, and information on how to reduce pupils' personal exposure.	Reducing exposure to emissions	X			<ul style="list-style-type: none"> Awareness raising Child health and welfare 	X			X					X
18	Switch to lower VOC cleaning products	Switch to lower VOC alternative cleaning products, such as unperfumed cleaning products.	Reduce sources and exposure	X				X			X				X	
Behavioural Measures (Key Stakeholder: School/ Borough)																

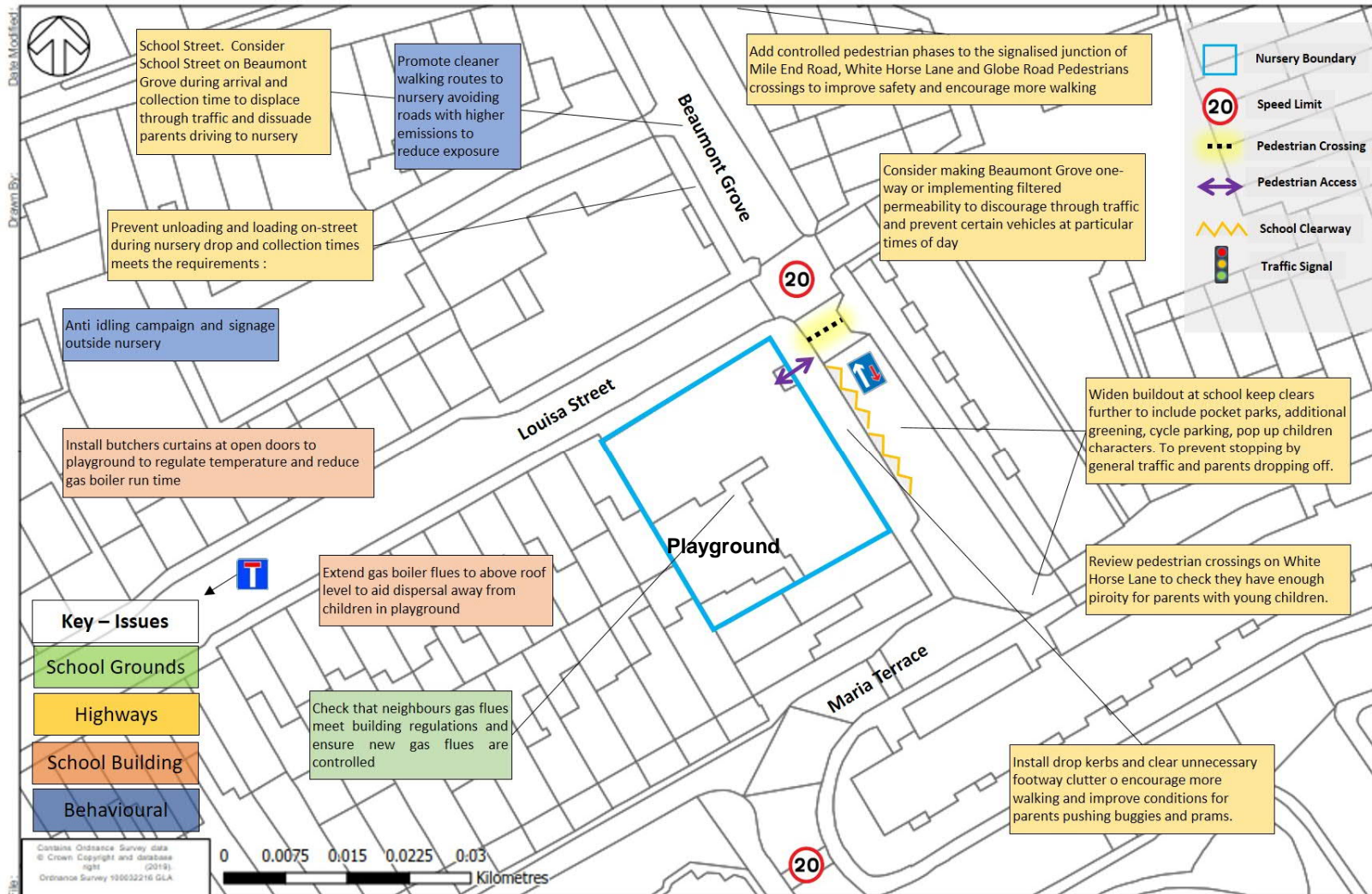
Measure	Description	Purpose	Potential Air Quality Improvement			Wider Benefits	Cost			Deliverability			Stakeholder Support			
			Low	Medium	High		Low	Medium	High	Quick Win	Medium Term	Long Term	Low	Medium	High	
19	Engagement Activities	Deliver lesson plans with bespoke materials, poster and London school curriculum (see Appendix C), raising awareness of the issues and the type of measures that can have a positive impact on reducing poor air quality	Awareness raising and behavioural measures	X			<ul style="list-style-type: none"> Awareness raising Secure community buy-in for measures 	X			X					X
20	Promote cleaner routes to school	Encourage children approach the school along less polluted routes, such as avoiding Woodgrange Road and Romford Road to approach nursery using back streets as much as possible	Reduce exposure	X			<ul style="list-style-type: none"> Road safety 	X			X					X
21	Behaviour change	Prepare 'Welcome Packs' for new pupils / parents that includes the promotion of apps / sites such as 'www.walkit.com' to a) promote walking to / from school and b) promote the suitable walking routes to avoid air pollution hotspots.	Behavioural measures / reducing exposure to emissions.	X			<ul style="list-style-type: none"> Awareness raising Secure community buy-in for measures 	X			X				X	
22	Attain a Silver Award in Stars	This will entail reviewing its practice in promoting health & wellbeing and evidence achieving the planned outcomes.	Behavioural measures / reducing exposure to emissions.	X			<ul style="list-style-type: none"> Awareness raising Supports STARS and HSL objectives 	X			X					X
23	Staff Engagement	Awareness raising session amongst staff about the impacts / costs of heating classrooms and share best practice. The Mayors London Curriculum Programme offers a wide range of high-quality teaching resources supporting most subjects on the national curriculum, CPD for teachers and events for children. A programme of targeted activity for air quality is being assembled to be delivered through the London Curriculum, with a focus on supporting teacher subject knowledge and confidence to tackle air quality as a science subject recognising that this requires a wide knowledge and skill base of science, statistics and mapping.	Awareness raising and behavioural measures	X			<ul style="list-style-type: none"> Awareness raising Supports STARS and HSL objectives 	X			X					X
24	Prepare 'Welcome Packs' for new pupils / parents	Prepare 'Welcome Packs' for new pupils / parents that includes the promotion of apps / sites such as 'www.walkit.com' to a) promote walking to / from school and b) promote the suitable walking routes to avoid air pollution hotspots.	Reducing sources and exposure	X			<ul style="list-style-type: none"> Awareness raising Supports STARS and HSL objectives 	X			X					X

Measure	Description	Purpose	Potential Air Quality Improvement			Wider Benefits	Cost			Deliverability			Stakeholder Support			
			Low	Medium	High		Low	Medium	High	Quick Win	Medium Term	Long Term	Low	Medium	High	
25	Promoting Park & Stride	Promote park & stride amongst the parents and children. A waking bus from the site would entail some additional staff costs.	Reducing sources and exposure	X			<ul style="list-style-type: none"> Awareness raising Supports STARS and HSL objectives 	X			X				X	
26	Promoting car sharing	Make use of websites such as Liftshare.com to help find prospective car sharing partners, or the school could act as a forum to manage car sharing amongst the school community.	Reducing sources and exposure	X			<ul style="list-style-type: none"> Awareness raising Supports STARS and HSL objectives 	X			X				X	
27	Anti-idling campaign	Awareness raising campaign to reinforce and refresh the effectiveness of existing signage, including a banner, combined with enforcement. Develop an awareness raising banner and leaflets incorporating designs by the children. Also request that bus and coaches turn their engines off when waiting for extended periods, i.e. laying over or waiting to collect children.	Reducing sources and exposure	X			<ul style="list-style-type: none"> Awareness raising Supports STARS and HSL objectives 	X			X				X	
28	Walking Buses	A walking school bus is a group of children walking to school with one or more adults, and can be as informal as two families taking turns walking their children to school to as structured as a route with meeting points, a timetable and a regularly rotated schedule of trained volunteers. A bicycle train is a further variant on this, with adults supervising children riding their bikes to school. These can be planned in conjunction with cleaner walking routes to school initiatives to avoid the most polluted streets where possible. This would count as a STARS 'Other Walking Activity' and could contribute to progress.	Reducing sources and exposure	X			<ul style="list-style-type: none"> Awareness raising Supports STARS and HSL objectives 	X			X				X	
Wider Measures (Key Stakeholder: Borough/ TfL/ GLA/ Central Government)																
29	Targeted scrappage scheme for polluting vehicles being driven in London	Ensure parents and staff are aware of the low income scrappage scheme being introduced by the Mayor and TfL, so that those that are eligible apply to the scheme. Encourage central Government to at a minimum match-fund the Mayor's scrappage commitments, to help enable even more Londoners to switch from polluting vehicles to	Reduce sources and exposure			X				X			X	X		

Measure	Description	Purpose	Potential Air Quality Improvement			Wider Benefits	Cost			Deliverability			Stakeholder Support		
			Low	Medium	High		Low	Medium	High	Quick Win	Medium Term	Long Term	Low	Medium	High
	ultra-low emission vehicles and more sustainable forms of transport.														

5.2. KEY RECOMMENDATIONS

Figure 15 – Summary Recommendations Map



5.3. PRIORITISED MEASURES FOR THE NURSERY

5.3.1. To help prioritise what measures should be progressed for the nursery, borough officers and representatives of the nursery were asked:

'Based on the toolkit of measures and the findings of the observations and initial analysis, what are the measures you would prioritise for the nursery?'

5.3.2. Some of the more key measures were considered to be (in no particular order):

- **Mile End Road, Globe Road and White Horse Road junction** - The two side arms of this signalised junction on Mile End Road do not benefit with green man control. Even as an adult crossing Globe Road in particular is difficult as traffic turns at high speed from Mile End Road. Crossing this road with young children or with a push chair parents would feel particular vulnerable and unsafe. This is another barrier to walking, cycling and scooting to nursery and may be encouraging driving to the nursery.
- **Gas Boiler Flues** - The positioning of the gas boiler flues in the playground at just over head height does not allow dispersal especially as the building screens them on two sides. The flues should be extended to over the roof height of the building to ensure emissions are adequately dispersed.
- **Free Flow PVC Curtains** - The installation of butchers curtains at the doors to the playground that are left open throughout the day will aid heat retention and reduce the amount the gas boilers are running to compensate for the heat loss.
- **Footway widening and Greening** - The nursery was keen to implement as much greening as possible. They have been awarded fifty trees by the Mayor of London, which are planted in pots and positioned around the grounds. While the playground and boundary have lots planting the front of the nursery and Beaumont Grove is barren and devoid of plants or trees. Widening the build out and the school keep clear markings by road space reallocation would allow space for pocket parks and planting.
- **School Street/Filtered Permeability/One-way** - the introduction of a School Street, or for lesser impact filtered permeability or one-way traffic control could have a beneficial result in reducing overall traffic near the nursery. This would lower exposure to emissions and improve walking and cycling conditions. Road safety, which has been a concern with parents and seen as a barrier and resulting in children being driven to the nursery. The nursery staff felt this was a key measure to prioritise.

5.4. STARS ACCREDITATION SCHEME FOR NURSERIES

5.4.1. STARS is TfL's world leading school and nursery travel accreditation scheme, inspiring young Londoners to travel smarter and more sustainably, and should form the framework within which the behaviour change related components of the above recommendations are recorded.



5.4.2. Many of the recommendations would also serve to contribute towards the required 'travel activities' and 'support activities' required to attain Gold status – which should ultimately be the aim for the nursery.

5.4.3. Equally by embracing the STARS process, delivering sustainable travel activities, achieving modal shift targets and demonstrating effective community engagement, the nursery will have successfully delivered air quality improvements through reduced travel by cars. The framework of STARS

enables the nursery and borough to document, track and share their continued progress, and embed and implement the recommendations throughout the nursery community.

- 5.4.4. Nurseries are encouraged to note any air quality related activity undertaken on their TfL STARS profile stars.tfl.gov.uk, and to help inspire other nurseries, they are required to tell their story for each activity they have delivered.
- 5.4.5. Alice Model Nursery has achieved Gold accreditation. Our recommended measures for the nursery include a number of initiatives that would also count towards maintaining this accreditation, including: 'anti-idling awareness raising measures' and 'park and stride'. STARS activity cards are available for these measures, as well as wide range of other topics <https://stars.tfl.gov.uk/Explore/Idea>.

5.5. HEALTHY SCHOOLS LONDON

- 5.5.1. The Healthy Schools London programme should also as framework for promoting sustainable transport measure that will contribute towards improved local air quality. To achieve the Healthy Schools London Bronze award, one of the criteria is that "*the nursery promotes active travel to and from nursery*", and provides a number of examples, including:

- By implementing a nursery travel plan and running active travel initiatives such as:
 - walk/cycle to nursery days
 - walkers/cyclers breakfast clubs
 - cycling at break times
 - pedestrian skills and cycle training
 - active travel competitions
 - accreditation programmes

- 5.5.2. The nurseries must complete the following statements:

- Active Travel is promoted by:
- Nursery travel plan: Date awarded/reviewed
- Active travel initiatives including:

- 5.5.3. Our recommended measures for the nursery include a number of initiatives that would also count towards these criteria, including a variety of proposals to promote improved environments for walking, scooting and cycling, and initiatives to promote behaviour change and raise awareness of benefits of active travel.

5.6. AIR QUALITY ALERTS

- 5.6.1. When high and very high air pollution is forecast, air quality alerts are displayed at many public locations across London including 2,500 bus stop countdown signs and all Tube stations. Alerts and guidance are also available via social media, an app and a text alert service providing information and guidance on the alert level.
- 5.6.2. The Mayor has recently (January 2018) expanded his existing air quality alerts systems and appointed King's College London to continuously monitor air pollution using the existing air quality monitoring network and cutting-edge modelling tools, delivering alerts as required. They will also directly notify a wider group of stakeholders so that the alerts are disseminated more widely and targeted at Londoners who are most vulnerable to the impacts of poor air, including nurseries.

- 5.6.3. Each nursery has been provided with further information via email on what the alert means, and how to reduce pupils' personal exposure, and they can contact AirQualityLondon@london.gov.uk for more information.

5.7. ENGAGEMENT

- 5.7.1. Engagement activities to raise awareness of the issue of air quality amongst children and the nursery community are fundamental to achieving change.
- 5.7.2. Following consultation with the nurseries and borough council as part of the audit process, bespoke awareness raising posters and web material were provided for each nursery – see Appendix D.

HEALTHY EARLY YEARS LONDON (HEYL)

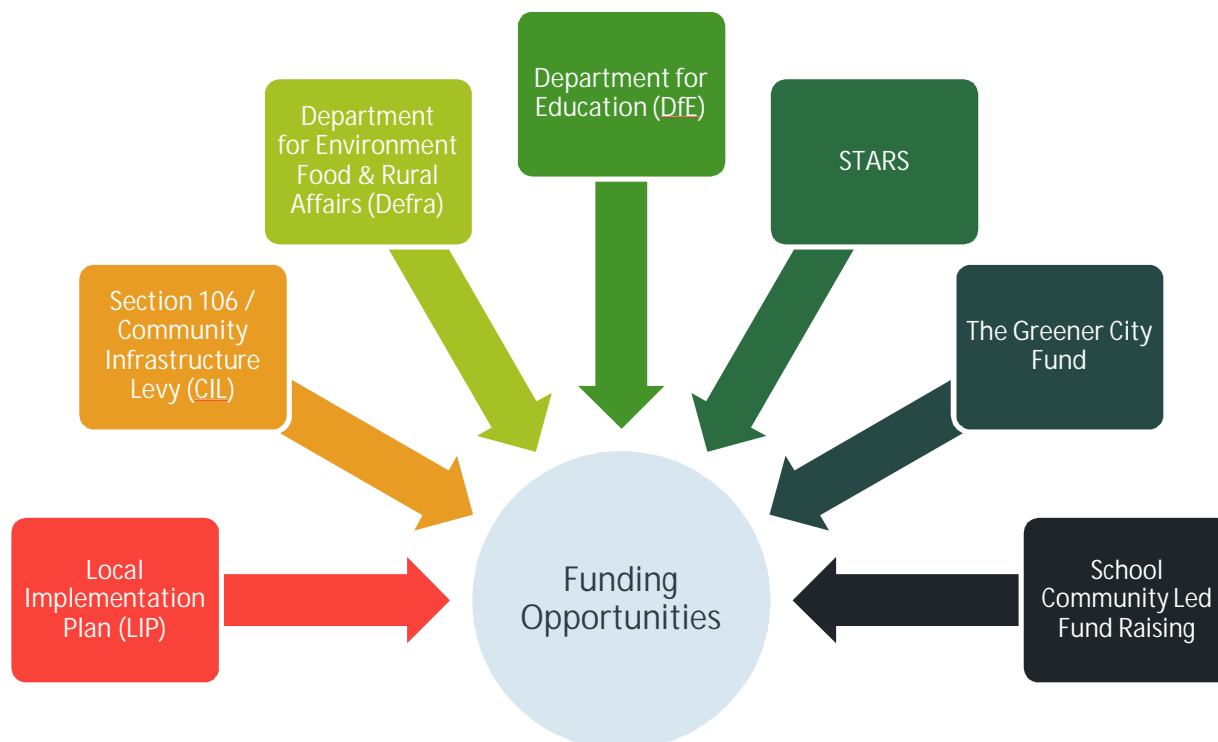
- 5.7.3. Building on the success of Healthy Schools London, Healthy Early Years London is an awards scheme funded by the Mayor of London that supports and recognises early years setting achievements in child health, wellbeing and school readiness. Healthy Early Years London focuses on the whole child and gives settings a framework for their activity with children, parents, carers and staff and the wider community. HEYL will help to reduce health inequalities by creating environments which support a healthy start to life and promote a whole setting and targeted approach across a number of themes including Sustainability-active travel and air quality.
- 5.7.4. HEYL complements and enhances the statutory Early Years Foundation Stage (EYFS) framework, providing further focus on children, families and staff health and wellbeing. There are 4 levels of Awards: HEYL First Steps, Bronze, Silver and Gold. HEYL can be used as an improvement tool to support practice in all Early Years settings including active travel:

- Active travel is supported and encouraged, both for journeys to and from the setting and for trips (e.g. walking, scooting)
- The setting is signed up to receive air quality alerts from www.airtext.info/alerts
- There are activities and information available for parents and carers to support sustainability including: active travel, recycling or energy saving
- Practitioners are able to discuss and advise parents and carers on active travel

5.8. FUNDING OPPORTUNITIES

- 5.8.1. A wide range of potential funding sources are available and should be considered to progress some of the measures outlined above, as set out in the figure below.

Figure 16 – Summary of Funding Opportunities



Local Implementation Plan (LIP)

- 5.8.2. A primary source of funding is linked to the Local Implementation Plan (LIP) 3 that will provide spending from April 2019 until April 2020. The guidance on bidding specifically referenced the need to improve air quality at schools and nurseries.

Section 106 / Community Infrastructure Levy (CIL)

- 5.8.3. Section 106 (S106) agreements and Community Infrastructure Levy (CIL) are potential sources of funding towards measures to address local air pollution. A Community Infrastructure Levy (CIL) is a planning charge introduced by the government via the Planning Act 2008.

TfL Liveable Neighbourhoods

- 5.8.4. A Liveable Neighbourhood scheme will deliver attractive, healthy and safe neighbourhoods for people and involves changes to improve conditions for walking and cycling and reducing traffic dominance – all of which can play a part in reducing air pollution. The programme has a budget totalling £85.9m over the five financial years (2017/18 – 2021/22), excluding the funding for the remaining Major Schemes that will be completed during this period.

Department for Environment Food & Rural Affairs (Defra) Air Quality Grant Scheme

- 5.8.5. Defra's air quality grant scheme provides funding to eligible local authorities to help improve air quality. The scheme helps local authorities to make air quality improvements and to meet their statutory duties under the Environment Act 1995.

Department for Education (DfE)

- 5.8.6. There may be scope for delivering some of the measures identified through DfE funding for nursery buildings and land, including capital funding for nurseries and academies, such as the Condition Improvement Fund, Priority School Building Programme, Early Years Capital Fund.
- 5.8.7. Additionally, the Salix Energy Efficiency Loan Scheme provides funding for nurseries through DfE, to reduce energy costs through the installation of energy efficiency technologies.

Greener City Fund

- 5.8.8. The Mayor's Greener City Fund (www.london.gov.uk/greenercity) includes a range of programmes to create and improve green spaces and encourage tree planting in London. This is part of the Mayor's commitment to making a London a National Park City. The Community Tree Planting Grant and Community Green Space grant schemes are open to applications from nurseries.

RE:FIT

- 5.8.9. RE:FIT London is jointly funded by the GLA and the European Union European Regional Development Fund. The programme helps public sector organisations save carbon, energy and money by retrofitting buildings to make them more energy efficient. The RE:FIT London Programme Delivery Unit is an expert team which provides free end to end support to deliver projects.

TfL STARS Reward Scheme

- 5.8.10. Whilst there is no specific funding attached to STARS, as gaining STARS accreditation helps boroughs reduce car travel, and increase cycling and walking, they often choose to link it to incentives – such as local grant funding through their LIP programmes.
- 5.8.11. It is increasingly important that boroughs seek to create a portfolio of funding opportunities, and with that in mind other potential funding sources include:
- **Local Clinical Commissioning Groups (CCG)**
 - **Health and Wellbeing Boards:**
 - **Charitable Trusts**
 - **Local business funding**
 - **Consortium approach** – pooling funding with other boroughs and achieve economies of scale

Nursery Community Led Fund Raising Initiatives

- 5.8.12. As well as the specific funding opportunities outlined above, there is an important role for the nursery, Ward Councillors, the Parent's Teachers Association (PTA) and Nursery Governors, both in a lobbying and leadership capacity, and as vehicles for fundraising to support and promote particular measures and initiatives.

Other Funding Sources

- 5.8.13. There are several grant funding bodies who may be interested in funding recommendations particularly if a borough links up with a community organisation.

- 5.8.14. Boroughs could also seek to influence the Joint Strategic Needs Assessment process undertaken by Health and Well Being Boards and Directors of Public Health. This is the process which looks at local clinical, health and well-being population needs, and on which Clinical Commissioning Groups (CCGs) base their funding priorities.

Other sources of funding for green infrastructure

- 5.8.15. Potential sources of funding for green infrastructure in nurseries include:

- The Tree Council's **Trees for Schools** programme
- The **Woodland Trust** offers free trees for schools and nurseries.
- The **Gregg's Foundation Environmental Grants** offer up to £2,000 for projects that improve the physical environment
- **Tesco Bags of Help** offer up to £4,000 to projects including school and nursery grounds
- **The Big Lottery Fund's Awards for All programme** offers up to £10,000 for projects that "improve the places and spaces that matter to communities", including nurseries
- **Trees for Cities** –match-fund the creation of Edible Playground teaching garden space, School Greening projects and Trees for Schools
- **Groundwork London** –support nurseries in designing and implementing green interventions.¹¹ Groundwork London's Our Space award¹² offers grants between £500 and £5,000.

- 5.8.16. See Appendix F for further information on potential funding sources.

¹¹ <https://www.groundwork.org.uk/Sites/london/pages/school-air-quality-greening>

¹² <https://www.groundwork.org.uk/Sites/london/pages/our-space-award>

5.9. MONITORING

- 5.9.1. An important outcome of the nursery air quality audits will be in assessing the effectiveness of different schemes and initiatives implemented, so that the findings can be used to continually update and refine the toolkit of measures for use in future audits.
- 5.9.2. Whilst it will likely prove difficult to disaggregate the impact of a range of measures when implemented simultaneously, by recording this information across all participating nurseries in London, and pooling the findings, it will provide some useful overall insights into what types of solutions work best in practice amongst a given set of conditions.
- 5.9.3. In order to undertake these assessments and build on the baseline dataset generated as part of this audit, it will be essential to plan a programme of monitoring post implementation of any measures. This monitoring may include a wide range of metrics including surveys, traffic information, and air quality monitoring. The scope for monitoring should be proportionate to the extent of the problem and the scale of the investment.
- 5.9.4. Where possible such monitoring should cover:
- Key pollutants (NO_x, PM₁₀, PM_{2.5}), and/or
 - a range of other suitable metrics (i.e. travel to nursery mode shares, STARS and Healthy Schools accreditations, traffic counts (as a proxy for road transport emissions), nursery buildings and boiler conditions, surveys and behavioural responses of parents/staff).

6. NEXT STEPS

6.1.1. In working with the nursery and borough officers to complete the air quality audit, we found there to be a passionate group of individuals, who were eager to make a difference, and enthusiastic about delivering a range of solutions to improve local air quality for the children, and the wider community.



6.1.2. The borough and nursery should investigate the scope for rapidly delivering key measures from the recommendations, to achieve a combination of quick win improvements for the nursery, whilst also thinking more holistically about how some of the medium to longer term recommendations can be progressed, to deliver more transformational change. By participating in this audit, the following steps have been completed:

- **Identified the sources of poor outdoor air quality** and exposure at nursery and within the surrounding catchment areas.
- **Identified the sources of poor indoor air quality** and potential exposure by children attending the nurseries, and established a baseline of indoor air quality.
- **Engaged the borough and other relevant stakeholders** to inform the context and feasibility of the proposed recommendations.
- **Identified, evaluated and developed recommended measures** within and around the nurseries' that will help a borough and nursery to reduce particulate matter, emissions and children's exposure to poor air quality.
- **Raised awareness within the nursery community** about the impacts of air pollution.

6.1.3. In order to take forwards the recommendations identified within this report, the nursery and borough council will need to continue to work closely, building on the relationships already in place. A wide range of potential funding sources are identified within the report, and borough councils and nurseries are encouraged to apply for these where appropriate to maximise the potential for delivering the recommendations. The nursery has an important leadership role in ensuring that measures to reduce exposure and emissions are included in the nurseries strategic plans.

6.1.4. STARS is an ongoing process, and the nursery should continue working towards the targets they have set, and continue adding to their air quality related activities, and uploading evidence to contribute towards achieving and sustaining higher levels of accreditation. An important outcome from this project will be to build on our knowledge of how effective different measures prove to be over time, so that the findings can be used to continually update and refine the toolkit of measures for use in future audits. The findings of the Air Filtration System trials currently underway will be made available as an update to the toolkit of measures.

6.1.5. We also hope that the borough and nursery will come together as part of a wider School and Nursery Air Quality forum, to share their experiences with other nurseries and boroughs facing similar challenges. A wide range of guidance and useful literature is available to support further studies, schemes or initiatives for improving local air quality – see Appendix A.

Other formats and languages

For a large print, Braille, disc, sign language video or audio-tape version of this document, please contact us at the address below:

Greater London Authority
City Hall
The Queen's Walk
More London
London SE1 2AA

Telephone **020 7983 4000**
www.london.gov.uk

You will need to supply your name, your postal address and state the format and title of the publication you require.

If you would like a summary of this document in your language, please phone the number or contact us at the address above.